



2024 Santa Cruz Mountains Overnight Information Packet

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Please take the time to read this entire document.

Kennolyn's success this summer depends on us all adhering to these guidelines.

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WELCOME TO KENNOLYN!

Our History

Max and Marion Caldwell (Uncle Max and Aunt Marion) created Kennolyn in 1946 with a vision for a children's camp. They saw that vision flourish, and for over 75 years Kennolyn has been one of the most acclaimed children's camps in the world. Kennolyn has grown to include Santa Cruz Mountains Overnight, Day and Family camps, has expanded to 450 privately owned acres, and each summer makes a difference in over 2,000 children's lives.

Max and Marion's granddaughters, Pam Caldwell Nootbaar (Company President), and Lindsey Caldwell Johnson (Director, Parent Resources) work year-round at Kennolyn, and daughter Carolyn, son Ken, and grandson Steve are on the Family Board. The Caldwell Family also relies greatly upon General Manager, Andrew Townsend, who has been with Kennolyn since 1985, and his family who are all working at Kennolyn.

Our Staff

Each summer, we hire more than 100 staff members from all over the world, offering campers the unique and inspiring opportunity to interact with staff from more than a dozen countries, as well as from across the US. Many of our counselors are former campers themselves, and they return year after year. All of our staff members undergo personal interviews, extensive reference checks, and background checks before starting work.

Camp Community

Kennolyn Camps is a place for children to learn and grow. We believe that a positive camp community is one that acknowledges and embraces diverse identities. We work to ensure that everyone regardless of age, race, ethnicity, sexual orientation, gender identity and expression, nationality, religion, physical ability, or socioeconomic status has the opportunity to reach their fullest potential. By practicing intentional kindness, our camp culture seeks to appreciate the value that each camper and staff member brings to Kennolyn. Campers and staff can look forward to interacting and living within this diverse and supportive environment.

Deep and meaningful relationships are built with cabin mates and this can lead to questions about home life, identity, school, and interests outside of camp. Our counselors curate conversations with the intent that no one topic or issue dominates the sharing that takes place. If your camper has not been a part of discussions on diversity and inclusion at school or at home, they may pick up on words or themes that are new to them. We encourage families to have a conversation before camp about how important it is to be welcoming to everyone. We also ask for your understanding if a camper comes home with new questions or has met someone with an identity or lifestyle that was previously not known to them. Our staff will help guide the conversation in a supportive and healthy manner.

Program Goals

Overnight camp provides a much-needed respite for children this summer in a hectic world. Spending the days outside with positive, caring, adult role models and other excited kids will provide the opportunity for our campers to enjoy the summer and feel like kids again!!

Kennolyn Camp is dedicated to making a difference in campers' lives. We at Kennolyn feel that one way we can make a difference is by offering a wide variety of activities for the campers to participate in. It is through these activities, that we promote and encourage the following for our campers:

- Learn about yourself
- Learn to love (or at least tolerate) nature and being outdoors
- Learn how to make the most of your free time without using technology
- Try new things. Kennolyn is a safe place to be curious and explore new activities.
- Be healthy, stay active

- Notice, respect, and enjoy the differences among people. Practice intentional kindness.
- If you stick to your activities, you will progress and feel like you can do something well
- Learn how to make new friends and get along with others
- Be independent

OPENING & CLOSING DAYS

We strongly recommend that everyone wear appropriate footwear (no sandals, flip flops or open toed shoes). The terrain can be uneven in places, and proper shoes important to maintain safety.

OPENING DAY (Mondays)

Drop-off will be a simple process with families welcomed in our parking lot area where all check-in will take place. You will be assigned an arrival time between 10:45am and 12:15pm. These time blocks will be assigned 3 weeks before your camp session. This drop-off procedure will allow us to help everyone with luggage, health intake protocols, and cabin assignments without a huge backlog. Only campers are invited beyond the parking lot to the camp area. Please be assured that even our youngest campers can settle in to their cabin and prepare for camp life with the help of our caring staff. (All medication should be given to our health care staff with written directions from a licensed physician. Please see details under HEALTH CARE & MEDICATION below.)

For campers arriving by plane, please see page 4.

SPECIAL NOTE REGARDING PETS

On any visit to Kennolyn, please leave your pets at home. While we love animals, we just can't accommodate pets with all the excitement going on at camp. If you have a service animal that is trained to work or perform tasks for you that will need to accompany you on Opening or Closing Days, please let us know ahead of time. We will be glad to accommodate these trained service animals and will provide a special vest so others can be aware of the need to avoid unnecessary interaction with the animal when working.

CLOSING DAY (Saturdays)

We hope that conditions will allow us to welcome you into camp for a special Open House on Closing Days so you can visit with your camper's counselors, meet key members of our staff and other camp families, and visit a few activity areas with your camper. There will be lots of great photo opportunities.

Closing Day Schedule (Subject to change)

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9:00am	Parking Lots Open, meet campers in their cabins
9:45am	Gather in the Town Square
10:10am	Flag Raising
10:15am-11:15am	Time to explore camp with your camper. Select activities available
11:15am	Staff "sing goodbye" to campers

Please call us if you are running very late so your camper will not feel anxious or forgotten. Many families find it convenient to stay in a local hotel the night before Closing Day. Campers flying home will be escorted to the airport after breakfast on Closing Day.

If ANYONE, other than a parent/guardian who is listed in the camper registration, is picking up a camper, the authorized adult form in your camp account must be completed and picture ID may be required.

QUICK PICK-UP OPTION

Before your camp session, you can sign up for a Quick Pick-up option in 'Forms and Documents' in your online account. These campers, with their luggage, will be in a different location so it will not be possible for a family to decide as they enter camp that they want this option. *This is not recommended for first-time campers*. If you have a last-minute need to leave quickly, we will help facilitate a speedy pick up, but you will have to park and walk in to where the campers are gathered.

ALTERNATIVE PICKUP OPTIONS

If you need to pick up or drop off outside of our standard window, please provide ample notice to <u>camps@kennolyn.com</u>. All camper drop-offs and pick-ups outside of our standard window will be scheduled during **mealtimes** as it is a normal transition time for our campers.

CLOSING DAY PARKING

Parking is limited, so please leave your keys just in case we have to move your car. Usually, there are three parking lots organized by camper's age and last name, and for those parked in our upper lot we will provide shuttle service. **Please allow up to** 30 minutes to park, load luggage and walk down to camp.

DRIVING TO KENNOLYN

- 8400 Glen Haven Rd, Soquel, CA. Once you get on Glen Haven Road, continue approximately 3 miles
- Pass the first Kennolyn sign to the Hilltop Hacienda (on your left)
- Turn right at the second Kennolyn sign (on your right) into Stone Creek Village (Overnight Camp)

Alternate route to avoid weekend beach traffic (please check before):

From Highway 17 south, take the off ramp at Summit Road (just beyond Redwood Estates).

At all times, please observe the 25 mile per hour speed limit driving to and from Kennolyn on Glen Haven Rd. This is a residential

neighborhood on a narrow street and we want our neighbors to feel safe as the access their properties and use their road.

OTHER TRAVEL OPTIONS

Traveling by Plane

Kennolyn is an easy 45-minute drive from **San Jose International Airport**, and we are happy to provide complimentary ground transportation. Escorts wearing Kennolyn Green will meet campers as they deplane, and accompany them until arrival at camp.

Please note the following absolute time frames, requirements and procedures:

You must provide us with your airport transportation reservation request and flight information (through your online account under "Transportation" – or call us directly if you are unsure how this works) at least two weeks prior to the start of your session. A \$50 fee is charged for airport transport booked less than 2 weeks prior to your session.

Schedule flight arrivals between 9am and 11am on Opening Day, Schedule flight departures between 9am and 11am on Closing Day

- Make sure all "unaccompanied minor" fees and paperwork are properly processed with the airline and provide us with necessary details, copies of itineraries etc. Policies are different for each airline, so please confirm all arrangements, payment, signatures etc. well in advance.
- Campers must have Kennolyn's address and phone number so that they (and all airline personnel) are aware of their inbound destination.
- Campers should carry a picture ID from school, a copy of a passport or a handmade ID with name, photo and contact details.
- Arriving campers must wear Kennolyn green t-shirts and/or sweatshirts (with nothing else on top) so they can be easily identified. Please order early via our online store.
- Luggage should be labeled with Kennolyn's address and phone number. To simplify the traveling process, you may elect to ship your camper's luggage to Kennolyn via UPS. If you choose this option, please include a return postage sticker for shipment home.

We will provide you with the name of the staff member(s) who will meet your camper at the gate (please contact camp a few days prior to camper departure for this important information), as well as confirm the name of the parent or guardian who will meet your camper's return flight and verify any additional information as necessary. We will also provide check-in phone calls on arrival and departure days.

By special arrangement, we can also coordinate transportation to and from San Francisco International Airport (SFO). This is difficult logistically, however, and we ask that you schedule flights to and from this airport only if absolutely necessary (eg for certain international flights). Arrival and departure times in and out of SFO for Opening and Closing Days should be within the same time window as those to and from San Jose Airport. There will be a \$150 charge each way for SFO.

International campers or anyone crossing three or more time zones can contact us to see if we can accommodate arrival one day early.





PACKING GUIDELINES - KEEPIN IT 'K' RATED

What is K-Rated? It is easy to understand once you're here! We embrace campers from 1st through 12th grades, from all different backgrounds. To ensure everyone is at ease, we have developed a set community standards to help guide the behavior and appearance of campers and staff.

Kennolyn is a wonderful place for children to discover, embrace and express themselves, but not through dramatic fads and fashion!! We lead an athletic lifestyle here at Kennolyn and we ask that you pack clothing that supports outdoor play and exploration. Thus we ask everyone to follow a simple dress code so that clothing is not a focus. It is important for families to support this dress code, so please do not bring campers wearing or having packed clothing not reflective of these community standards. If a camper does arrive with inappropriate attire, we will work with the camper and family to make sure they get replacement clothes suitable for camp.

Please make sure to include your camper in discussions about what they will pack for camp, and feel free to ask questions at any time. They will live out of their luggage for a week or two so make sure they know where everything is. Our standards evolve and develop all the time, and we have ongoing discussions with our campers and their families.

'K' rated DRESS CODE FOR ALL CAMPERS

- Clothing must cover campers' undergarments. Shorts must cover campers' bottoms completely at all times (including while ٠ seated and while climbing in a harness).
- Logos / images on clothes must not show or advocate drugs, alcohol, tobacco, or be sexual or violent in nature
- Clothing should not be unsafe. Clothing must not include chains, spikes, safety pins, etc. or anything that can be a ٠ snagging risk.
- Keep jewelry to an absolute minimum and leave expensive jewelry at home. Kennolyn cannot be held responsible for ٠ jewelry that is lost or stolen
- Piercings should be limited to nose studs and for ears (2 earrings per ear, no dangling jewelry - too dangerous!).
- Long hair must be kept tied back from breakfast through dinner for safety/hygiene reasons
- Hats and visors are encouraged, but should not be worn in the Caldwell Lodge
- Proper footwear required at all times with socks sneakers or athletic shoes for most activities (except riding, for which • boots and helmets are supplied). Many campers like to wear crocs. These are acceptable as long as a foot strap is worn. Crocs cannot be worn while on our ropes course or climbing wall.
- Sandals or flip flops to and from the pool only. Our terrain is hilly, stubbed toes and falls are avoidable hazards! ٠
- No spaghetti straps, halter tops or low necklines. Tank top straps must be at least 2" wide
- No exposed midriffs (shirts should reach the top of pants)
- No excessively low-rise pants or see-through clothing
- Leave expensive or formal clothes at home. We get dirty! Athletic style one piece bathing suits or swim shorts are required. UV swim shirts are optional but highly recommended. No bikinis, tankinis, speedos or cut out swimsuits

Please Label Everything!

Keeping track of clothing for hundreds of campers is a tremendous challenge, so please label absolutely everything (even toothbrushes!) with first and last names using a permanent pen or custom iron-on nametags available through rough wave Here our online store (allow 3-4 weeks for delivery).

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REOUIRED KENNOLYN SWEATSHIRTS AND T-SHIRTS

Two Kennolyn t-shirts and one Kennolyn sweatshirt are required for 2-week sessions, and one of each are required for 1-week sessions. They are used on Closing Day, Special Days, for any excursions away from Kennolyn and for campers who arrive at camp by airplane. They MUST be purchased through our online clothing provider prior to camp, as they are not available for purchase on Opening Day.

Important note about outgrown Kennolyn shirts: You are welcome to bring or send them to camp rather than donating them to Goodwill, etc. so that we may recycle and reuse them here.

PACKING SUGGESTIONS

Bring lots of long pants, T-shirts, and long shorts, and please remember that this is camp. Send well used clothing and towels, and nothing that requires ironing. Please wash any new clothing so it does not color bleed in the camp laundry!

SPECIAL NOTE: Help your camper avoid poor choices and potential embarrassment. Please review our dress code and guidelines and supervise your camper's packing!

On Opening Day, each camper's belongings will be unpacked with their counselor and checked against the <u>Packing List</u>, both to ensure accuracy and for the safety of all campers. Anything not conducive to our camp community will be withheld until Closing Day. Counselors must be aware of everything their campers have brought with them, and we reserve the right to see all items brought to camp (your camper may request privacy during this process if uncomfortable unpacking in front of others). We also reserve the right to search a camper's belongings at any time if our staff has reason to believe the health and welfare of any member of our camp community is threatened by items believed to be in their possession.

PACKING LIST: Please refer to our list of everything that is mandatory or suggested to bring to camp. Please don't forget to send along the completed <u>Packing List</u> in your camper's luggage.

LAUNDRY: During 2-week sessions, all campers use our laundry service at the mid-point of the session. This is for outpost clothes and essentials only. Campers should not plan to wash all of their clothes. We do not do camper laundry during 1-week sessions, so please send ample clothing. At the end of the session, dirty outpost clothes will be packed in camper's luggage in a plastic bag. Take care handling these items! Due to the enormous amount of laundry, Kennolyn cannot be held responsible for clothing that needs special handling, or for items lost or damaged. Please label everything!

LUGGAGE: We recommend your campers use wheeled duffel trunks. But, as long as the luggage height does not exceed 14" (so that it can be stored underneath the bunk beds), belongings can be packed in any type of luggage that is most convenient.

TARP: A light plastic cloth, approximately 6'x8', is used on the ground to keep sleeping bags warm and dry on Outpost and any other outside overnights. Drop cloths or plastic shower curtains are both acceptable.

SLEEPING BAGS: Kennolyn cabins have double-decker bunk beds with mattresses, but campers must bring sleeping bags and pillows. Bulky bags are very difficult for campers to roll and carry to Outpost, so a sleeping bag with a stuff sack works best. An extra blanket is good for rest period and on cold nights, and bottom sheets are highly recommended for comfort.

Pro tip: Pack in packing cubes to make sorting through your bag even easier!

WHAT TO BRING:



Everything on our Packing List! Please download the applicable packing list (1 or 2 week session) from <u>our website</u> or your online account.

WHAT NOT TO BRING:

- Candy, gum, soda or food of any kind
- Cell phones, smartphones, tablets, laptops, portable game systems. E-readers are OK as long as they're not loaded with games and videos. We recommend bound books!
- Anything that connects to the internet or cell phone network (i.e. Apple watches)
- Mini TVs, Portable DVD Players, Video Cameras, Radios
- Skateboards or Rollerblades



- Cash, expensive clothing, jewelry or anything else too valuable to have at camp
- Clothing dye or hair dye
- Inappropriate clothing (see dress code on previous page)
- Silly string, water balloons, water guns don't worry, we provide all the fun you need!
- Pets of any kind (prohibited and would need to be collected by parent/guardian immediately).

It will be no surprise to anyone that the following items are prohibited and possession or use of items on this list will result in a camper's dismissal from camp:

- Lighters, fireworks or anything that generates smoke or fire!
- Firearms, tomahawks or dangerous weapons of any kind, Illegal drugs, marijuana, tobacco, e-cigarettes (vapes), alcohol, solvents/inhalants etc. (possession will result in immediate dismissal from camp). We know e-cigarettes have become prevalent among camp-aged children. We have a zero tolerance policy on smoking of any kind.
- Note about Pocket Knives: a small pocketknife (maximum 3 inches) is okay for Outpost, but it must be checked in with counselor on Opening Day.

ABOUT CAMERAS, SMARTPHONES AND IPODS

Cameras: Camp is a wonderful place to make memories, but a difficult place to keep track of expensive items, so please do not send expensive cameras. It's natural for campers to want to take photos, but we also want to respect everyone's sense of privacy. We ask that if you send a camera, it clearly be a camera (not a phone, ipod, etc) so people know when they are being photographed. Like many camps, we actually suggest disposables camera (yes you can still buy them and get the film developed.)

Phones: At camp we intentionally unplug. For this reason, campers are not allowed to have phones. The staff are also not allowed to have phones near the campers. If a camper comes to camp with a phone we will keep it in the office until the end of the session.

Ipod/MP3 Player: We do allow iPods / MP3 Players, but request that you remove all videos. Please do not send a phone without a SIM card to act as an Ipod. Music and/or audio books only can be played in cabins (and only with earphones), but they may never be played on the grounds, at the pool, beach or on Outpost. We prefer to listen to the sounds of the woods and to each other! We retain absolute right to restrict camper access to any equipment or material they bring with them.

CAMP COMMUNICATIONS

LETTERS HOME

Parents can expect a weekly email or postcard from their camper's counselor. If your camper is entering 1st-3rd grade, you can expect an update call from the counselor the first week. At the end of each session, the counselor will write a thoughtful letter to you regarding your camper's experience. This letter will be mailed after the camper has gone home. If you have concerns after receiving communications, please do not hesitate to email or call.

Campers are required to write letters home after each outpost. For younger campers, we suggest sending envelopes or postcards already stamped and addressed. Even older campers appreciate having stamps, stationary, etc., as buying them at camp depletes their spending accounts! Please use your home address as the return address, not Kennolyn's address.

PHONE CALLS

Unless there is an emergency, please do not call the camp office to speak to your camper or request that they call home. We strongly believe that talking to families on the phont can be very difficult for campers and should be managed carefully.

Families may call the office with any questions about our policy, or with questions about your camper. We will be happy to check on your camper and provide an honest evaluation.

- Lindsey Caldwell Johnson (Director, Parent Relations): ext 440
- Samantha Bundy (Director, Overnight Camp): ext 448
- Andrew Townsend (General Manager): ext 444



Policy on Kennolyn contacting Family while campers are here in session.

There are very few times or circumstances where we will absolutely contact you while your campers are here. The very few circumstances where contact is required are:

- Any time a camper needs to visit or communicate with an outside medical professional.
- When a camper has already been referred to the leadership staff for behavioral issues and no improvement has been seen. In other words, if we seem to be on a path to sending a camper home (which is very rare and our absolutely final option) we will contact you for you to be aware of where we are at and seek your help in a positive resolution.
- When a prolonged period of homesickness (more than 2 days) is resulting in a camper withdrawing from camp activities.
- Any time we are required to leave site for an emergency or by order of a governmental agency. In this case, it may be that contact is via a mass messaging system depending on circumstance and available infrastructure.

Beyond, these few situations, we use our best judgement as to when to instigate contact with families. Circumstances where we might contact a parent/guardian would be: overnight stays in the Health Center, any level of physical altercation between campers, campers with contraband at camp, campers who need additional items from home (clothing, medication, etc.,) campers who have not received mail or emails, homesickness, and anti-social behavior. These are examples and there are numerous other circumstances where we might contact families.

EMAIL AND ONLINE PHOTOS

Email: Campers will not have access to their own email accounts while at camp. You can, however, send one way emails to your camper via your Kennolyn Account. We will print these emails daily, and make sure they are delivered in a timely fashion. There is an option to add a reply form. This will allow your camper to handwrite a response which will be scanned and emailed to you. We do the best we can, but it's impossible to guarantee your camper will use the form and respond.

Photos: We will do our very best to post photos on the **Kennolyn App** five days a week. Please download the App before camp starts! It can be downloaded from the <u>Apple</u> or <u>Google Play</u> store. This is a separate login to your online CampInTouch account. You can also use the desktop photo viewer linked <u>here</u>. We try to cover all activities, but it is impossible to guarantee that all campers will appear in the photos. The service is a window through which you can see the overall camp experience, but we can't promise that your child will be standing in front of the window when you look through it!

MAIL

While emails are instant and convenient, keep in mind that campers especially enjoy receiving handwritten letters or postcards that arrive by US Mail. We recommend sending some sort of correspondence to your camper at least twice weekly, but do be aware that too much mail can cause as many problems as no mail at all!

We find the first night at camp to be the most difficult for some campers, and others worry if their families made it home safely. We will distribute mail that evening, so please feel free to use the email system (before 5pm). Please keep these messages short, with a positive tone like: We made it home safely; You are going to have an amazing time at camp; We are so proud of you, etc. Please do not use this correspondence (or any other!) to share your own concerns about campers being away from home, as that can encourage worry and homesickness.

Packages

No care packages, please! Kennolyn has all the necessary equipment to ensure your camper has a wonderful camp experience, and packages detract from this. The goals of being away from regular routines, meeting new friends, being free to play and explore outdoors are not enhanced by packages that can create trash, take time away from regular camp activities, and cause jealousy in the cabin. What is important to the campers is that they hear from you. A hand written note or postcard conveys way more than any package.

We do accept flat envelopes up to 9x12 and up to 1/2 inch thick, containing letters, a book, or a magazine. Anything else will be kept in our Store, unopened, and you can collect it on Closing Day. We have campers with severe allergies so absolutely no food products of any kind are permitted.

Packages Containing Necessities: If there is something your camper must have (like a forgotten mouth retainer or eye glasses), please email camps@kennolyn.com to let us know and send your package with a note inside listing your name, camper's name and cabin assignment. Be sure to sign the delivery company's signature waiver form as we may not be available to sign for a package and cannot make a special trip into town.





CAMP COMMUNICATIONS OUTSIDE OF CAMP - VERY IMPORTANT!

CAMPER TO STAFF

One of the beauties of enhanced communication technologies is the ease with which people can stay in touch. However, there are concerns that must be included in any policy regarding contact between campers and staff outside of camp. We do not endorse or encourage staff to build personal relationships with campers (including CILTs, CITs, and JCs) outside of camp. Any effort to build such a relationship should:

a) be instigated by the camper and not the staff member

b) be done with the approval and supervision of the camper's family

We vouch for our staff when they are in the controlled environment we create at camp, but cannot control their behavior outside of their period of employment with us. Please make sure you are aware of any contact or correspondence between your child and any member of our camp staff. If you want to discuss any concerns with us at any time, please contact Andrew Townsend.

We use our real names at camp. This means it is very easy for campers to find counselors on social media. We rely on adult supervision of each camper's social media activity to make sure online relationships meet our policy as detailed above.

CAMPER TO CAMPER

Collecting addresses and promising to stay in touch is one of the time-honored rituals of summer camp. However, with so much instant communication we have to be more careful about how our children use the contact information we collect. We will continue to encourage campers to share their contact information and we also encourage adults to be aware at all times of a child's internet use. We want you to be safe on the Internet. Here is the best advice we have found about how to educate your child to respond to inappropriate communications:

If you receive a threatening message (one that is mocking, uses vulgar or harassing language):

- Do not respond or retaliate, because it might encourage the sender or get you into trouble
- Print out a copy of the message, then close it but do not delete it
- If possible, save the message to your hard drive or a jump drive
- Tell your parent/guardian about it and have them decide what to do next. They may notify the police or contact your Internet service provider

If you suspect that the sender of the messages is someone connected to Kennolyn, please contact us immediately.

CAMP LIFE

A TYPICAL TWO WEEK SESSION

Our one-week sessions are a taste of camp life and are a modified version of the schedule below. One-week sessions include three activity days, one Outpost Day, and Thursday Thrill Day. There are no offsite trips or activities in one-week sessions.

Regular Activity days

Our typical day starts with the sound of the bell at 7:15 a.m. After a hot breakfast in the dining hall with the cabin group, it's time to clean the cabin as a group and get ready for the day's activities.

There are five scheduled activity days in each 2-week session. Each camper has six, one-hour activity periods every activity day, and campers stay with their scheduled activities all session (after an opportunity to perfect their schedules on day two).

At lunch, campers meet up with their counselors outside the dining hall for the second hearty meal of the day. After lunch, we retire for Rest Hour, when campers and counselors head to the cabin as a group for some quiet time spent reading, writing letters, drawing, playing quiet games, or napping. This is a perfect way to recharge prior to afternoon activities.

Following afternoon activities, cabin groups gather for Family Hour, a block of time to be spent doing a special activity chosen by the group such as crafts, basketball or volleyball with another cabin, checking out board games from the store, or going for a swim. After Family Hour, cabin groups enjoy dinner together before embarking on the special evening activity.

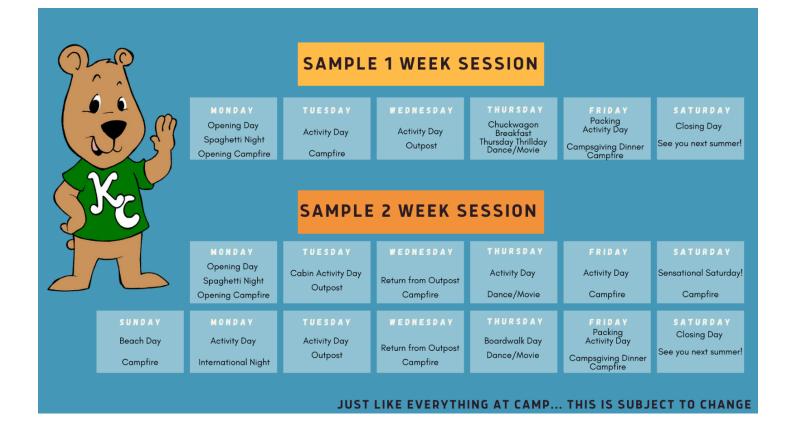
Evenings: Special activities are planned for the entire camp to round out a full day of fun and excitement. Some favorites include Scavenger Hunt, Gold Rush, Counselor Dress-Up, Trivia Night and Dance & Movie Night. Twice each week we gather in our outdoor amphitheater for a spirited sing-along around the campfire, and all cabins take center-stage at least once each session to perform their own skits. Campfire is a longstanding tradition that provides enduring and poignant memories for everyone.

Bedtime is signaled by bugle calls. The first bugle plays at 8:30pm to notify cabins it is time to head back to the cabins. The 8:45pm bugle means that it's time to start getting into bed, and 9pm is "Lights Out" for most campers. During 2-week sessions, Senior Campers (8-9th graders) have a special evening activity from 8:30-9pm, and start heading to bed when their activity is over.

SCHEDULES

Activity Day Schedule

7:15am	Wake-up bell	5:20-6:05pm	1st Dinner/Family Hour
7:30am	1st Breakfast/Cabin clean-up	6:10pm	Retreat
8:00am	2nd Breakfast/Cabin clean-up	6:15-7:00pm	2nd Dinner/Family Hour
8:35am	Flag Raising and Announcements	7:15pm	Evening Activities
9:00am	Morning Activities Begin		
12:00-2:00pm	1st Lunch/Rest	8:30pm	Call to quarters
1:00-3:00pm	2nd Lunch/Rest	8:45pm	Tattoo- campers should be in the cabin
3:00-5:00pm	Afternoon Activities		and getting ready for bed
5:00pm	Mail Call	9:00pm	Taps - Lights out



SPECIAL DAYS, TRIPS & TRADITIONS

To offset busy Activity Days, we have off-site trips and Special Activity days.

Outpost

Outpost is a beloved and important Kennolyn tradition that began in 1946, our very first summer. Camping overnight under the redwoods is a rare experience in today's fast-paced society, and memories of Outpost, cooking their own foil stew and being at one with nature are among the most cherished reminiscences campers take home with them.

In late afternoon once a week, campers head to their campsites (a few hundred yards to a mile away depending on age group) carrying their sleeping bags, backpacks with essentials, mess kits, food and water for the next 24 hours. Under close supervision of counselors, they learn to gather wood, build fires, cook their own meals, sleep on the forest floor under the stars, explore the creek and hike through miles of beautiful terrain. You can watch a video all about outpost <u>here.</u>

Free Choice: One morning each week is Free Choice, when campers can try activities they don't normally take, or go back for more of their favorites! On these days, afternoons are filled with other activities such **Thursday Thrill Day**.

Theme Days: Each session we have a theme day. These days usually start with Chuckwagon breakfast, followed by free choice and an afternoon of festivities. **The theme days for 2024 are:**

Session 1: Fairytales-

Once upon a time at a summer camp far, far away.....Get ready to be a part of a thrill day full of fun, adventure, and magic in the redwoods. It's always happily ever after at Kennolyn!

Session 2: Kennolyn Zoo-

Let the wild rumpus start!!! No need to ask where the wild things are; they will be ready and waiting at Kennolyn during Session 2. Come join us as we celebrate the amazing four-legged friends that make up our world.

Session 3: Cosmic Celebration-

Captain's Log, stardate 742024, join us for Kennolyn's galactical celebration of epic proportions. From aliens to astronauts...all are welcome!

Session 4: You've got a friend in me-

Apple pie and vanilla ice cream, peanut butter and jelly, toys and kindness, the best combinations around. Join us for Session 4 as we celebrate the love of camp and share a day of

kindness. Dress to impress in your favorite toys and spread the joy with Kennolyn.

Session 5: Olympics-

Let's go for the gold together! A day full of games, togetherness, and appreciation of individual and group triumph. Everybody is a winner at camp!

Session 6: Atlantis-

Campers its better, down where it's wetter...under the sea! Close out the summer with a trip to the mysterious Atlantis, Kennolyn style! Fun in the sun, cool in the shade, and always a walk on the wild and wet side!



SPECIAL DAYS IN ALL 2-WEEK SESSIONS

Beach Day: One day during each two-week session, we dress in Kennolyn Green and have a leisurely breakfast followed by reflective conversations on meaningful topics like friendship, community and the environment. Then we put on our red or yellow swimsuits and head to the beach for a picnic, swim in the surf, build sand castles and relax in the sand. We use the buddy system and the day is overseen by our lifeguards. Beach Day is also Health Inspection Day and camp area cleanup day.

3 Day Backpacking Trip

For campers entering 4th grade and older. Sign-ups taken at camp. This trip replaces one of the scheduled outpost trips for campers who choose it. Campers hike through the mighty Redwoods of Kennolyn.

Overnight Ride

For campers entering 6th grade (with riding experience) and those enrolled in our Equestrian Specialty have the chance to sign up for an extended trail ride to our remote campsite along the shores of Soquel Creek instead of outpost. This form will be available for 6th grade families at the time activity selection is available.

BIRTHDAYS

Birthdays at Kennolyn are very special! We present a cake and a special shirt to the birthday camper, and the entire camp joins in the celebration. Families of birthday campers often request a Popsicle Treat for everyone at camp, and the birthday camper hands out popsicles in the afternoon (socially distanced of course.) Kennolyn is happy to arrange this order if you like (a \$30 charge will be added to your account). To plan a Popsicle Treat, please contact the office.

VISITING DAYS

We welcome visitors (listed in the camper registration on the camper's account either in their main account, as an emergency contact or an authorized adult) on our Closing Days! We will check off all visitors as they enter. On Opening Days, all drop-off and check-in will take place in the parking lot.

JUNIOR CAMPERS (Entering 1st-3rd Grades)

Campers entering the first, second and third grades are Junior Campers. In order to meet their special needs we provide the following as part of the Jr. Camper program:

- A maximum of seven campers per cabin
- Counselors make a call to the parent/guardian in first few days
- Campers participate in special juniors events including an Ice Cream Social
- Campers get a specially curated activity schedule which gives them a taste of camp activities
- Extra help is offered when moving from activity to activity

SENIOR CAMPERS (Entering 8th & 9th Grades - 2-week sessions only)

The Senior Camper Program is very popular and operates during our 2-week sessions. In addition to their regularly scheduled camp activities, they enjoy increased interaction with their peers in other cabins, and have the opportunity to take part in special activities planned exclusively for them. They need some time alone with other teenagers, so we give them that time, Kennolyn style! The Senior Camper program offers:

- Senior Camper Only activities
- Nightly evening activities enjoyed for half an hour after the other campers have gone to bed
- A special Senior Camper barbecue
- The opportunity to learn about Kennolyn's Camper in Leadership Training (CILT) Program, a three-year course for campers entering 10th 12th grades who are interested in eventually becoming counselors.

This program has become so popular and created so many lasting friendships, that most Senior Campers return for our three-year Training Program.

Camp Vehicles

Campers will need to be transported to our Hilltop Hacienda for equestrian, BMX and High Ropes activities. If a camper is being transported in a vehicle the staff members and campers may all need to wear masks depending on prevailing conditions at that

time. Campers will be asked to sanitize their hands before entering the vehicle. Windows will be kept open throughout the duration of the ride. The trip is about 10 minutes of loading/driving time. We also utilize leased School Buses provided by an outside vendor for Beach Day and Boardwalk Day transportation.

ACTIVITY INFORMATION

ACTIVITY SELECTION

Before arriving at Kennolyn, each camper may choose up to 6 activities online (we encourage taking a waterfront activity). They can shuffle activities on the first day of camp, with the help of their counselors. This gives everyone a chance to pre-select things they know they want to take, and add other activities that seem like fun on the spot or with a new friend. This system also helps us to pinpoint activities that will be most popular each session, so we can schedule appropriately. Our Program Staff works hard to make sure campers receive their most highly ranked choices, but we do limit enrollment in certain activities in order to maintain our high standards and proper counselor to camper ratios.

ACTIVITY CHANGE POLICY

While we hope all campers will be satisfied with their activity schedules, we understand they sometimes enthusiastically select activities that simply prove not to be the right fit. We ask that all campers adhere to their originally assigned activities on the first Activity Day. If, after a good try, a camper feels unhappy or uncomfortable with an activity, we allow the option to change. At this juncture, any camper may go to the Program Office and select an alternate, age appropriate activity. Our philosophy is that campers of all ages should be entrusted with the opportunity and responsibility to gauge their own interests and comfort levels. If they come home with a selection of activities that is different than the ones you chose with them, they have advocated for those changes themselves. If there is a particular activity on your camper's preference list that you do not want them to have the option of changing, please list it in an email to program@kennolyn.com. Be sure to include the camper's full name and the session.

ACTIVITY EQUIPMENT

Kennolyn provides most of the necessary equipment for the activities we offer (please refer to the Equestrian and Waterfront activity description for equipment required for those activities). Campers electing to bring their own equipment (guitar, tennis racquet etc.) must label everything with their names, and understand we cannot be held responsible for it.

Of special note: Archery and Fencing equipment is provided by Kennolyn. If a camper wants to bring their own equipment for these activities, prior approval must be obtained from the Camps Director, and the items must be kept in the Store and checked out for use during approved activity periods only. No personal riflery equipment is allowed at camp.

ACTIVITY DESCRIPTIONS

The following are descriptions of our most asked about activities, but it is not a complete list of everything we offer (complete list shown upon registration). Activities available to campers of all ages, unless otherwise noted:

Ropes and Climbing

These are among our most popular courses, so it is important to sign up early. It is important to note that our specially trained staff closely supervise **all Ropes Course and Climbing activities** under the direction of our Ropes Course Coordinator. Equipment is inspected daily and replaced regularly. Safety is our primary concern.

CLIMBING

(**2nd grade and up** for Santa Cruz Mountains Overnight Camp | 3rd grade and up for Day Camp)

This activity is designed to develop strength and agility. Taught on our state-of-the-art climbing wall, this activity is very popular. Campers move through traversing activities designed to stimulate movement, develop balance and increase kinesthetic awareness. Included in the instruction are basic climbing protocol and procedures, as well as belay techniques.



JUNIOR ROPES COURSE (1st-4th grades)

Our Junior Ropes Course incorporates elements such as a Log Crossing, Vine Traverse, and the Plank Walk, all built with younger campers in mind. This is a perfect stepping stone to our adventure programs, introducing campers to the equipment and challenges of ropes courses. In addition to work on the course, campers will play new games and will challenge themselves on low course elements like the Double Trouble, Mohawk Walk, and the infamous Ants on a Log.

ROPES COURSE I (5th-10th grades) one period on activity days (2-week sessions only)

This activity begins on our low ropes course, where campers learn new games, challenges and low ropes elements to help develop the skills, confidence and group support needed for the high ropes course. Once on the high ropes course, campers head for the tree tops to try challenges like the High Y, Flying Squirrel, Team Beam, Burma Bridge, Pamper Pole, Vine Traverse, and the Zip Line.

ROPES COURSE II (5th-10th grades) All ropes in 1-week sessions are two periods

This is for campers interested in spending more time on the ropes course. With an extra hour, campers will be able to take full advantage of this exciting activity. They will also receive more instruction in belaying and rope handling skills. Although this activity will take <u>2 periods</u> of the activity day, it counts as only one choice on the preference form when registering for activities.

HILLTOP ROPES COURSE (8th-10th grades)

The Hilltop Ropes Course is located at the Hilltop Hacienda site and is the largest of Kennolyn's three high ropes courses. This activity takes <u>2 activity periods</u>. As with all our ropes course activities, the campers begin on the ground engaged in games, initiatives and low ropes elements then move on to the high elements. With the extra time, campers learn about most aspects of the ropes course, including setting up, belaying, managing transfers and element take down.

AXE THROWING

Axe throwing is a growing sport. Campers will learn to safely throw an axe to hit a target. As they develop skills, competitions and tournaments will keep the interest level high. This activity will be modified as necessary for younger and/or smaller campers at the instructor's discretion.

ANIMAL CARE

Here at Kennolyn, we have many farm animals, including chickens, goats, donkeys, potbelly pigs, and horses. Campers enrolled in animal care learn how to handle the animals and gain an understanding of responsible pet care.

ARCHERY

Archery has been popular since the very early days at Kennolyn. Campers learn all the basics and are able to practice regularly. Building skills means building scores, and awards have been reintroduced into our program to provide fun and incentive.

BMX (3rd grade and up)

Campers get on their bikes day one to receive basic instruction from the starting gate to the finish line, including gate starts, passing, jumps and more, all on our own BMX track! Campers should already be comfortable riding a bike and excited to improve their skills.

CHESS

This ancient game of strategy is making a comeback, and is once again very popular with children. Learn the basics or advance your understanding of strategy and game winning moves. This activity includes friendly tournament play.

INDOOR COOKING

Campers learn about cooking and baking in our Culinary Arts Studio. Each camper has access to their own equipment to do as much hands on learning as possible. Plus, who doesn't love an extra snack from time to time?

CRAFTS

Get Creative! Hone your artistic skills and create wonderful keepsakes of your camp experience to take home. We have an extensive art center and instruction in multiple mediums and projects.

DANCE

This class is offered for all different levels of dance. Campers work with their counselor to learn basic steps and create a performance for the last day of camp.

DRAMA

Campers will find their inner thespian in an accepting environment. They will work on their improve skills and get a chance to perform a play in front of the whole camp!

FENCING (3rd grade and up)

Using our extensive network of fencing coaches, we have developed a training program suited for any camper ready to learn more than the basics.

FOREST EXPLORERS (1st - 4th grade)

Staff guide campers through Kennolyn's trails and create days of excitement, exploration and discovery. Campers can look, listen, and feel the world around them to become more familiar with their environment.

GLEE

Our own version of choir singing. Campers work on the fundamentals of singing, generally to popular music. Groups that are especially courageous will lead us in song during Flag Raising and sometimes perform at the end of camp.

GUITAR

Spend some time with our counselors learning the basics of guitar and at the end of the session get the chance to perform a song at the end of session! You can also learn to jam on a Ukelele- the guitars smaller brother, with 4 strings!

GAMES

Includes a combination of board games and field games. Each day the group decides which type of activity they are excited about!

SELF-DEFENSE (1st-5th, and 6th-10th)

Campers learn the basics of self-defense from our staff who have a background in a variety of different disciplines.

LEGO BUILDERS (1st - 5th grade)

Campers can build and create to their hearts desire! Staff will help them design masterpieces, from the entire camp or a dinosaur kingdom, this is the place for their imaginations to run wild!

MAKER SPACE (4th grade and up)

Consider a very wide range of materials. Add creative and engaging counselors ready to help. Now mix in a child's imagination and you have our Maker Space. Campers will dream it and try to build it.

OUTDOOR ADVENTURE

Kennolyn's 450 acres of redwood forest provide a wonderful place for campers to learn. In this age of environmental awareness, what better place to discover an understanding of Earth's beauty! Campers are led by enthusiastic and knowledgeable instructors through the forest, learning as they go. Following animal tracks, creating nature art, learning to identify the native plants and animals, shelter building; all of these are part of the wonderful world of Outdoor Adventure.

OUTDOOR COOKING

Campers visit our outdoor cooking area and create special food cooked over an open fire. Campers learn fire safety and the additional considerations required when cooking outdoors.

CERAMICS (Handbuilt)

Hand built pottery projects are fun, creative and provide campers with a great sense of achievement! Participants will learn to work with clay using real potter's tools and techniques.

CERAMICS (Wheel - 3rd grade and up)

Campers learn to prepare clay for throwing, center a pot on the wheel, throw a small pot or vessel with consistency, recognize common flaws, finish and glaze their pieces.

RIFLERY

Riflery is another Olympic sport taught at Kennolyn. We use Daisy brand BB Guns to teach the sport of Target Shooting. Our program is operated under the guidance of the Civilian Marksmanship Program and emphasizes safety over all else.

SCRAPBOOK JOURNALING

Create a wonderful keepsake of your camp experience with this fun class. Each camper will get a chance to create a scrapbook bullet journal with photos and embellishments. You will also have instruction in expressive writing and will be encouraged to keep a camp journal.

SILK PAINTING (5th grade and up)

In this activity, each camper concentrates on one silk painting project, such as a scarf or wall hanging. Emphasis is placed on technique and range of color. Campers will be introduced to different kinds of applications, such as colored resist, shading techniques using rubbing alcohol, and background preparation. This class is fun for campers who have already tried silk painting, as well as campers new to silk painting who have an interest in focusing on one art project.

TEXTILE ARTS

In this activity, each camper will work on a project and learn how to sew, cut and use patterns to create something to bring home at the end of the session. Campers of different skill levels can enjoy this activity.

STAINED GLASS (5th grade and up) - 2-week sessions only

Create your own glass mosaics! Campers will cut, grind and arrange pieces of glass into their own designs. Next they will attach the pieces through the magical chemical reactions of solder, flux and copper foil!

EQUESTRIAN ACTIVITIES

(1st grade and up for Santa Cruz Mountains Overnight Camp | 2nd grade and up for Day Camp)

Riding is an integral part of the Kennolyn tradition. The high standards of equestrian instruction available tempt nearly all our campers to enjoy a riding activity. For the large majority of our campers we have classes that combine English and Western riding styles. Campers alternate between English riding in the ring and Western riding on the trails, as we feel it is important for campers to experience both styles. However, for campers who are experienced English riders with advanced skills, we offer ring only classes that include jumping.



EQUIPMENT - Kennolyn has riding boots and hard hats to fit campers ages 6-14.

Boots: Required for all riding activities for safety. If you bring your own, we suggest a flat slip-on boot (no crepe soles please) that can also be used for walking and hiking. Rubber riding boots are a great and inexpensive compromise. Local Pony Clubs and stables often have used boots for sale. (If your camper has outgrown their boots, please consider donating to our "Bootery").

Hard Hats: Required for riding for safety. If you already own one or want to buy one for camp, please make sure the hat has the current approved safety tag (SEI) inside the crown.

Clothing: Campers must wear long pants in all riding activities. Jeans or riding breeches are appropriate attire. Please use the following riding levels as a guide when registering for Riding.

Use your best judgment; our Riding Staff will make any necessary adjustments once your camper is at camp:

INTRODUCTION TO RIDING (horse on a lunge line) - 1st-4th grade only

If your camper: has little or no experience on or around horses or may be a bit nervous and would feel more comfortable being led by instructor. This class has 1 instructor and 1 horse. Campers take turns riding and learning by watching others.

BEGINNER RIDING

If your camper would feel comfortable riding a horse in a group setting without an instructor leading the horse.

WESTERN RIDING

If your camper would feel comfortable riding a horse in a group setting without an instructor leading the horse. This is more relaxed than the traditional English riding. Campers use western saddles and learn the basics.

INTERMEDIATE RIDING

If your camper: can post and sit the trot comfortably, without the help of an instructor, and is ready to learn how to canter

ADVANCED RIDING

If your camper: has taken English riding lessons regularly for at least one year, has full control of the horse at walk, trot and canter, and has some jumping experience.

HORSE CARE

Ideal for our most enthusiastic horse lovers, who want to spend time with these magnificent animals. Campers will enjoy walking, bathing, grooming and playing with several of Kennolyn's 25+ horses. This class can be taken in addition to a riding class.

VAULTING

If your campers is unsure or nervous about riding, or is experienced and looking for a new challenge, we have the perfect solution! Vaulting, or gymnastics on horseback, is growing very popular in the US. Specially trained horses are lunged in a circle while campers learn to mount and perform gymnastic movements. It is a great confidence booster and a safe, exciting way to overcome a fear of horses. Of course, experienced riders also enjoy the challenge of vaulting and can put together routines for Closing Day. This class can be taken in addition to a riding class.

BALL SPORTS

BADMINTON (3rd - 10th graders)

Campers learn all the basics and play this popular racquet game, which originated in British India in the 1800's and is now an Olympic sport enjoyed around the world.

BASKETBALL

Learn all the basics, from dribbling to shooting to being a great team player!

BATTING CAGES

Practice America's greatest pastime! Campers improve their swinging skills in our own batting cage.

GOLF

Learn the fundamentals of this popular sport, experiment with different clubs, hone your techniques on our own putting green and perfect your drive in our golf cage.

HOCKEY

This is hockey, Kennolyn style. Campers use a special type of hockey stick that is perfect newcomers or campers still

building motor skills. Rather than a puck we use a foam ball. volleyball court.

WATERFRONT ACTIVITIES

PICKLEBALL

Join the craze of this paddleball sport that combines elements of badminton, ping pong, and tennis.

PING PONG

For the camper who is ready for a little bit more than just a casual game of ping pong.

RUGBY (4th - 10th grade)

This popular style of football developed in England is often taught by our international staff.

TENNIS

Tennis anyone? Grab your racquet and get ready to play! Whether you're a beginning, intermediate or advanced player, we'll help you improve your game and get more enjoyment from this exciting sport. Learn proper grips, footwork, strokes, volleys, serves, and tennis rules and etiquette in a fun environment.

VOLLEYBALL

Learn all of the basic individual and team skills, including passing, setting, hitting, digging, blocking and serving, then put them into practice on our friendly beach

EQUIPMENT: It is recommended campers bring at least 2 swimsuits. For two week sessions, a red or yellow one-piece or red rash guard is required for Beach Day, so our campers are easily identifiable to our beach lifeguards. All swimsuits should be athletic in style so movement and participation are not restricted. Females must wear one-piece bathing suits.



BOARD DIVING (3rd - 10th grade)

Campers learn how to approach and safely dismount the diving board, practice new dives and hone their techniques.

SYNCHRONIZED SWIMMING (5th - 10th grade) & MERMAID SWIMMING

Campers comfortable in the deep end of the pool can learn this hybrid form of swimming, dance and gymnastics, and perform routines of elaborate moves in the water, accompanied by music. Have you ever wanted to learn to swim like a Mermaid? In Mermaid swimming you can! Learn how to swim with a tail across the pool and have a blast doing it!

WATER POLO (5th - 10th grade) & SPLASHBALL (1st - 5th grade)

Traditional water polo is available for those entering 5th grade and above. For younger campers, we offer Splashball, situated closer to the shallow end of the pool with players getting to learn the basics of Water Polo in a slower paced fun environment.

SWIM LESSONS

Please use the following swimming levels as a guide when registering for swim lessons. Our Waterfront Coordinator will make any necessary adjustments once your camper is at camp:

BEGINNER - Sign up for beginner if your camper:

- is just getting comfortable in the water
- is not able to swim 10 yards of both the front and back crawl unsupported

INTERMEDIATE - Sign up for intermediate if your camper:

- can swim 10 yards of both the front and back crawl unsupported
- can float or glide unsupported for 5 seconds on front and back
- ADVANCED Sign up for advanced if your camper:
- can complete all skills from Intermediate successfully
- is familiar with rotary (side to side) breathing
- elementary backstroke kick for 10 yards

- is comfortable exploring deep water using bobs or other underwater swimming
- can turn over from front to back and from back to front
- can swim the length of the pool
- can perform front glide and back glide with push-off for 10 feet
- can reverse direction while swimming on front
- can do an

SPECIALTY ACTIVITIES

These specialized programs are offered at an additional cost and are only offered during certain sessions (please see our website). These programs are designed to offer a more intense focus on a specific activity with professional instruction. To check availability, get more information or add any of these specialty options, please call us at 831-479-6714 x440.

EQUESTRIAN (5th grade and up)

Sessions #3/4/5 – Full Day - \$895 Sessions #2/6 – 2 Periods-\$295, Full Day-\$495

The Full Day Equestrian Camp is for those who want their Kennolyn experience to be riding intensive. We have a long history and tradition in our Equestrian Program. We focus mostly on English riding, with Western trail rides. The first day, campers are placed into the appropriate skill level, and then spend the session riding twice a day, as well as taking horsemanship and vaulting classes. For 2-week sessions, a highlight is the Overnight Ride where campers pack up the horses to ride out to our special Soquel Creek Outpost site.

SURFING (7th grade and up) \$795 – Sessions #3/4/5 (3 activity periods)

Campers learn to surf with local professional instructors. All equipment is provided, including boards and wetsuits. Campers are educated on surfing technique and etiquette in one of the world's foremost surfing communities. This activity takes three daily activity periods and, in order to take advantage of optimum surf conditions, campers will head to the beach before regular activity times. Surf spots include Cowells, Rio del Mar and Manresa.



TRAPEZE - \$395 (\$195 for one-week sessions) - all sessions (1 activity period)

A real flying trapeze is set up on our play field. Trained instruction will emphasize safety, fun and rapid skill development. Campers wear safety harnesses and there is a net below the trapeze. Campers will learn to flip and hang by their knees, swing to catch the instructor's hands, and eventually learn to flip back onto their swing! This activity takes 1 activity period per activity day.

SPECIAL CONSIDERATIONS

Educating children (and we believe that camp is a vital part of a child's education!) takes the cooperation of us all. In our promotional materials and through this booklet, we explain our philosophies and policies, which have been developed over many years. If you have concerns, questions or comments about your camper's upcoming experience at Kennolyn, please feel free to contact us. The more we know, the better equipped we are to ensure a successful camp experience.

FIRST TIME CAMPERS & HOMESICKNESS

Some of you are sending us your children for their first time away from home, and we recognize special concerns that you may have. All of us were first-timers at Kennolyn once! We know how it feels to go to camp and to be away from home for the very first time. We understand this is a big transition and that campers (and their families alike!) may experience some initial separation anxiety, so we pay extra attention to making all of our campers feel at home and at ease.

If you do receive a homesick letter from your first time camper early on, please don't be alarmed. This is not uncommon! More often than not, these are the very same campers who grow in the biggest leaps and bounds by the ends of their sessions...and are sometimes among the first to sign up for the following summer! When responding to homesick letters, we encourage you to do so with a reassuring, upbeat focus on the positive. Ask about fun camp experiences so far, with thought-provoking questions about favorite activities, discoveries on outpost and beach day, new friends etc. to promote a healthier dialog. This will help your camper adjust, while a focus on the negative ("I'm so sad without you here" or "the dog misses you terribly") can have the opposite effect. Please do NOT promise your camper "you can come home if you don't like camp." Although this may feel like a safety blanket, you are creating a no-win situation if he or she decides to take you up on it!

We recognize that learning to overcome fears and seemingly difficult situations holds tremendous significance to children. Kennolyn is proud to offer a safe haven where campers can learn to be away from home and increase their sense of independence and self-reliance. We want your camper to have a happy, successful time at camp and ask you to rely on our best judgment and years of experience in assessing your concerns. In the unlikely event we honestly feel time that camp life is not the immediate answer for your camper, we will discuss this with you openly. Please do feel free to call us to discuss any situation or apprehensions.

KENNOLYN PEN PALS

One of the biggest concerns we hear from families is "My camper doesn't know anyone at Kennolyn and none of their friends can go to the same session. I am afraid they will not make friends." We have many answers to this: Most of our campers arrive without having a particular friend or cabin mate; Kennolyn is a great place to meet new people and our counselors are trained in techniques to build friendships; as soon as you meet your cabin mates, you'll have new friends!

We recognize, however, that these answers all require campers to leap into the unknown and trust there will be kids at camp like them, of similar age and with similar interests. So, we have a program to help campers connect, and in true camp style it is a low tech, personal way to reach out and make friends. Here's how it works!

In the Spring, we will send your camper some stationery and letter writing instructions. If your camper decides to mail us a letter, we will send at least one letter back from another camper attending the same session. This is a great comfort to many children, especially first-time campers. Even if your child is attending with friends or siblings, or is a returning camper, writing a letter is fun, will help other campers, and could potentially create another lasting camp friendship. Letters will not contain direct contact information for the senders, but if you want to make personal contact, you can do so through our office.

CABIN PLACEMENT

Adjusting to cabin group living is an important part of camp life. Camp is for making new friends and taking a step toward independence, so attending camp with a particular friend is not necessary, and not always a good idea. We do recognize, however, that some campers want to be placed in a cabin group with a friend from home. Here are a few reminders about cabin requests:

Please note a few important reminders about cabin mate requests:

- The majority of campers do not make special cabin requests. There is no need to worry if your camper is coming alone, as camp is the best and easiest place to make new friends.
- Cabin mates should be entering the same grade. If they are in different grades, the older camper will be placed with the younger grade.
- Cabin mate requests must be mutual, that is both (or all) families must request the same cabin assignment. In other words, if Jimmy wants to be placed in a cabin with Johnny, both families must make the same request.
- Due to the sheer volume of campers, it is almost impossible for us to follow up with every cabin request so we can only go by what is in the system. If a cabin request is made by one camper and not the other, we assume it is not the choice of both families.
- We prefer to place only two friends together, but will accommodate a maximum of three (so as not to leave anyone out.) We cannot place more than three friends together, however, as a group of four or more friends in a cabin that holds 6-8 makes for a less cohesive group.
- In the unlikely event we are unable to grant a request that meets all of these requirements, we will let you know personally to discuss options.

All requests for special cabin placement must be made through your <u>online account</u>, on the Group Request form, which can be found under "Forms and Downloads." We must receive your request by JUNE 1st!

We welcome all children to Kennolyn and work closely with families to make sure that all campers can have a successful experience regardless of their background. Campers are assigned to cabins based on the gender they have declared in our registration system. When a camper identifies with a gender other than the one they were assigned at birth, we will work with the camper's family to ensure a smooth and successful experience. We reserve the right to share limited information regarding cabin placements with other families but we do not automatically do so. Everything is decided on a case by case basis with the camper's family. Anyone who has any concerns about cabin placements should contact us for a more in depth conversation.

CAMPER BEHAVIOR GUIDELINES

This is summer camp. We want it to be a relaxed and pleasant place for kids to explore and learn. For that reason, we try not to have a ton of rules posted everywhere and we take a "we can work this out" approach when we address behavior that is not acceptable. Campers in each cabin group actually work with the counselor to make a cabin agreement that helps define standards of behavior that are in everyone's best interest.

Having said that, we have to have some basic guidelines for behavior that we all agree to. The kids know this as being K-rated. Here are the behavior expectations for all campers. We kindly ask that you go over this with your camper before they arrive at Kennolyn.

- We treat everyone with kindness first
- Nobody has the right to spoil another person's fun at camp.
- Campers are expected to contribute to a safe environment, using respectful language and appropriate physical behavior. Disputes do arise, but they should be reported to a counselor so that they can help you come up with a solution
- We follow the directions of counselors and staff
- Share your opinions when a cabin agreement is made so that things that are important to you are included
- Basic politeness like please and thank you still mean a lot and are encouraged
- If you mention self-harm, we will believe you and help you even if you later tell us didn't really mean it. Do not joke about this stuff, ever.
- Campers should be in good mental, emotional, and social health and be able to function in a group setting in a positive and cooperative manner that displays tolerance and respect for self and others.
- Campers must be able and willing to follow all instructions and refrain from behaviors that pose a risk to self or others.
- If you are violent in words, actions, or attitude toward another person there will be consequences up to the possibility of dismissal from camp.
- Don't sneak stuff. If you have a phone, hand it in.

ADMINISTRATIVE POLICIES

Deposit, Application Fee & Refund Policy

Kennolyn has limited enrollment and can only accept a certain number of campers in each age group. Every application must be accompanied by the appropriate deposit: Overnight Camp (including Leadership Program) deposit is \$750 per camper, per session with a non-refundable one time \$125 application fee. **Please send full payment with all applications submitted after February 1st.**

Changing sessions and Cancellation Policy

- You can change sessions as often as you like with no fee, as long as space is available
- Before February 1, you can cancel for any reason and receive a 100% refund of tuition (not application fee)
- If you cancel anytime between February 1 and May 1, anything you have paid will be held in your account until the final day of camp the following year. You can have peace of mind knowing that 100% of your money will be available to use at Kennolyn in the future. There are no fees or charges.
- For cancellations received after May 1, there are no refunds or credits. All tuition paid is forfeit.
- If you need more financial flexibility or cancellation options, we strongly encourage you to purchase Program Protection Insurance through Travmark offered within our application.
- IMPORTANT NOTE: Specialty Camp fees are pass through fees that we pay to the activity providers before camp starts, and therefore we are unable to credit these fees towards the following summer.

In every program offered by Kennolyn, refunds will not be provided if:

- Your camper is dismissed from camp. We reserve the right to ensure the safety and wellbeing of all campers and to dismiss a camper, without refund, for misconduct or unsociable behavior, as determined by the Directors.
- You choose to withdraw a camper for any reason before he / she has completed the entire session in which he / she was enrolled.
- You do not submit a complete state required health form by the required due date.

TUITION REFUND INSURANCE

Kennolyn offers tuition refund insurance through Travmark offered within our application.

The following language was included in your 2024 Terms and Conditions:

Kennolyn reserves the right to cancel, alter or reduce a program, before or after its start date because of any cause or circumstance that is beyond Kennolyn's reasonable control, including, without limitation, an Act of God, fire, road closures, power outage, civil unrest, labor strike, labor shortage, materials shortage, weather or climate conditions, environmental concerns, war, terrorism, pandemic, health concerns, virus outbreak, or government-mandated closure (each a "force majeure" event). Force majeure events can be unexpected and unforeseeable and may compromise the health or well-being of campers or otherwise prevent Kennolyn's full performance as originally contemplated. If, as a result of a force majeure event, Kennolyn determines, in its sole discretion, to cancel a program, alter a program or cut a program short, Kennolyn may do so, in which case the cancellation policy shall not apply and no refunds will be granted unless otherwise determined by Kennolyn in its sole discretion. In the case of a force majeure event, I agree that Kennolyn will not be in breach of these Terms and Conditions, and will not be liable for any losses, costs or damages to me or my family. Without limiting the foregoing, if Kennolyn alters or cancels a program before or after its start date, for any reason (whether due to a force majeure event or otherwise), Kennolyn is not responsible for indirect, incidental, consequential or punitive damages, costs or fees I may incur, such as procuring alternate services, making other arrangements, travel costs or change fees, or costs incurred in connection with equipment purchased for the program.

If you have any questions or need further clarification, please contact our office. We are looking forward to having a successful summer in 2024 and appreciate your continued dedication to the camp experience.

In addition to the above special circumstances, it is also important to know that in every program offered by Kennolyn, no refunds will be issued if:

- Your camper is dismissed from camp. We reserve the right to ensure the safety and wellbeing of all campers and to dismiss a camper, without refund, for misconduct or unsociable behavior, as determined by the Directors.
- You choose to withdraw a camper for any reason before they have completed the entire session in which they were enrolled.
- You do not submit a complete state required health forms by the required due date.

Store Account

We add money for the store in your camper's account during registration (\$125 for two-week sessions and \$30 for one-week sessions), and we'll contact you should your camper try to spend over the limit. We do not sell candy or snacks, however we do stock small items like postcards, stamps, toothpaste, playing cards etc.

You can request a refund of any remaining store account balance (until September). Many families choose to donate balances to the Max and Marion Caldwell Foundation, which provides scholarships to children otherwise unable to share in the summer camp experience. In fact, this option has become so popular that it is now our default way of handling unclaimed store funds. However, please let us know if you would prefer a refund and we will gladly take care of this.

HEALTH PROCEDURES

CAMPER EARLY DISMISSAL POLICY.

If a camper needs to leave camp early for any reason (health-including short recuperation stays at home, behavior, etc.) the following policy applies. Kennolyn has limited capacity to provide extended care for any camper who is no longer participating in the camp program for any reason. Once a decision has been made that a camper is leaving earlier than scheduled, we require a parent or authorized adult to act quickly to collect the camper. If you do not live within easy driving distance, plan to travel during your camper's time at Kennolyn, and especially if your camper is travelling from out of state or from another country, you need to have a plan in place to pick up your camper. Here are our expectations for all campers who are unable to continue in the camp program:

- Campers would be collected from camp within 2-3 hours if you live in the Bay Area
- Within 6-12 hours if you live a significant distance but within California •
- Within 12-18 hours if you live out of state.
- Within 24 hours if you live outside of the United States .

HEALTH CARE & MEDICATION

For the continued safety of each camper, we are legally required to have a complete Health History Form and Physician's Examination Form for each Santa Cruz Mountains Overnight Camper. New and up-to-date forms are required every year. Your camper will be in our care for an extended amount of time, and we want everyone to be happy and healthy!

From your online account, you can fill out the Health History Form in its entirety. If you have a returning camper, please update any changes from last year including allergies, mental health changes, etc. Next, download the Physician's Examination Form, have your doctor complete and sign it, then fax it back to the number on the form or upload it directly into your Kennolyn account. We also need the Immunization schedule (as a pdf) uploaded. We must receive this completed form TWO WEEKS PRIOR to Opening Day.

Medications:

- ALL medications (Rx + OTC) need to be entered into your camper's health history form ٠
- Provide in pill form (liquids only if absolutely necessary)
- Bring essential medication only
- Must be in the original bottle (with written directions from a licensed physician) & can't be in a pill box or zip lock bag. •
- Pack medications separately so you can hand them to the medical team at check-in •

Two health care professionals are on duty 24/7 during camp. Our medical procedures are well established and are updated and maintained by our Health Coordinator. A local doctor, who approves our policies, is on-call all summer.

Our modern, well-equipped Health Center offers a bright and cheerful retreat, where our team can take care of the most common camp ailments, including minor cuts and bruises, fatigue, coughs and colds, etc. Sometimes, the only necessary medicine is a place to sit quietly for a few minutes or a hug from a caring adult. In such cases, we will not automatically contact you, unless we feel there is a specific need to do so.

To treat more severe problems, we have arrangements with numerous local health providers in all major specialties, as well as the local hospital. Our health care professionals will contact you if your camper requires an outside medical professional, in most cases to seek your approval and input before an outside visit takes place. In cases of a real emergency, we will attempt to contact you first, but will use our best judgment with regard to seeking treatment. We will continue efforts to contact you regarding all steps taken to treat your camper. Beyond this circumstance, our health care professionals will use their professional judgment in communicating with families. Our safety record is excellent, and we have had very few injuries requiring this kind of care.

INFECTIOUS ILLNESS (incl. COVID) Information

As an overnight camp where campers and staff live together in proximity, this is an area of great responsibility for Kennolyn. We must point out that all policies around infectious illness are subject to change and you are bound by the policies in place at the time your camper is attending camp.

We do not currently plan to require any incoming testing for COVID or any other infectious illness in 2024.

We do not currently plan any asymptomatic testing for COVID or any other infectious illness in 2024.

If a camper or staff member reports to the health center with symptoms that indicate COVID, Flu, Gastroenteritis, etc we will follow our established policies which will likely include a test for COVID if the symptoms indicate.

Based on their appraisal of the presenting symptoms and the result of any testing, our medical staff will determine if the necessary period of isolation can be achieved at Kennolyn or if the camper needs to go home until they are considered no longer infectious depending on the illness in question. We cannot take into account difficult circumstances for individual families in making this determination. This is why it is critical that you have someone that you know will be available to pick up and care for your child if you are travelling or have important work obligations while your camper is at Kennolyn. See our policy on Early Camper Dismissal for more information.

If there is a more significant COVID outbreak across numerous groups or if we are forced to close or restrict activities by any government entity, our Force Majeure clause will come into effect, and we will communicate with families as appropriate.

We do not plan to routinely notify the families of other campers who may have come into close contact with a person who has tested positive for COVID or has exhibited symptoms of any other infectious illness. Details of outbreaks will be available on Closing Day, and we may send follow up information that is shared with us should symptoms develop in campers who have returned home.

VACCINATION POLICY

We continue to believe in vaccinations as a part of a broad strategy to keep kids healthy at camp. The last thing we want is for anyone to get sick, and vaccinations play a role in mitigating the risk of serious illness. Having said that, we recognize that each family has different circumstances and makes decisions for their own children. So, we do have a policy that allows medical or personal exemptions.

If you will not consider any particular childhood recommended vaccination for your camper, you become ineligible for any credits or refunds that may be made available to others should your camper need to leave camp due to an outbreak of that illness. We urge you to make sure that you have sufficient insurance to cover cancellation fees in this circumstance. We want kids to experience camp and also for your investment to be protected! If a government agency imposes a vaccine requirement for camp attendance, or our own medical team makes a decision to require a specific vaccine, we would not consider this a reason to offer a refund.

Covid Testing-As of 3/18/24, we do not plan to require pre arrival testing for Summer 2024 but reserve the right to revert to the following policy at any time.

We may ask you to administer simple pre arrival COVID-19 tests for campers on the day of arrival. We would ask for photo evidence as part of Opening Day drop off. We would test any camper upon arrival that cannot show us evidence of a negative test. There would be a \$20 fee for any test we conduct. As of March 18th, 2024 we do not plan to require pre arrival testing but reserve the right to revert to the following policy at any time.

Counselor in Training & Junior Counselors: Because of the duties involved in these programs, all campers enrolled in the training program should strongly consider up to date boosters before their camp session for the broadest level of protection.

We continue to stay up to date with requirements and recommendations from the CDC, CDPH, CalOSHA, the County of Santa Cruz, and the American Camp Association.

Before Camp

In order to mitigate the risk of infectious illnesses incl COVID-19 being brought into camp, we ask all campers and staff to take additional safety measures in the two weeks prior to their arrival.

HEALTH INSURANCE

We need to collect your complete health insurance information on the Health Form. Your insurance is the primary coverage used if any camper needs medical care outside of camp.

Camp Health Protocols

At this time, no camp provider, including Kennolyn, can guarantee that your child will not contract or be exposed to COVID-19. If you choose to send your child to camp, you are doing so with the understanding that there is potential risk of exposure. It takes a combined effort from camp administrators, medical staff, support staff, counselors, families, and campers to ensure the health and safety of all participants is protected.

Participation Guidelines

Campers and staff who are immunosuppressed (as defined by their medical professional) or live in a home with an immunosuppressed person should carefully consider participation in camp. Participation in a camp program has a high-risk factor for people who are especially susceptible to illness. If you have any concerns about this policy, please contact us to set up a time to talk with our medical team.

SPECIAL NOTES ABOUT COMMON HEALTH CONCERNS

It is important for parents to know when a child is too sick to attend camp. COVID-19 like symptoms are not the only illness that would cause a camper to stay home from camp.

A child who is sick will not be able to function well/safely at camp and is likely to spread the illness to other children and staff. Your child should not be sent to camp hoping that they will feel better after arriving. The following are CDC guidelines for keeping children at home:

- Your child should be kept home following a nighttime bout of nausea, vomiting, or diarrhea and watched for further symptoms for at least 24 hours after the last bout.
- Your child should remain home if they have had a temperature of 100.4 degrees or higher. A child should have a normal temperature for 24 hours without fever reducing medicines before arriving at camp.

Whooping Cough: exclude from camp until 5 days from start of appropriate antimicrobial treatment.

Pink Eye: 24 hours after initiation of antibiotic treatment.

Strep Throat: 24 hours after initiation of antibiotic treatment and no fever for 24 hours without fever reducing medicines.

Chicken Pox: Six days from the outbreak of the last crop of blisters with all pox marks dried.

Unexplained rashes (in particular if your child has other symptoms like cough, runny nose, sore throat, and/or fever)

Impetigo, scabies or ringworm: Until judged non-infectious by the physician or 24 hours after initiation of treatment.

Allergies: We are aware of an increasing number of serious allergies that children face today, and are particularly familiar with nut and dairy allergies. We are not a nut free facility. We have successfully handled severely allergic campers in the past, and are happy to work out a plan with you to minimize the risks for your camper. Please note, however, that this is a community experience and there are some limitations on what we can do to minimize exposure. Please feel free to contact us and we will be honest with you about our ability to accommodate your needs.

Lice: All campers are checked for lice by our staff on arrival. It's no big deal, we have done it for years and nobody should feel uncomfortable. If we do find evidence of lice on a camper, you will be asked to do 2 things before you can enter camp and get settled. 1) Contact a local lice removal company (Nitless Noggins) and arrange to have your camper treated immediately and 2) Take everything your camper had packed for camp and run it through 20 minutes of high heat in a commercial drying machine. This is the absolute quickest way to get your camper back to camp and in his/her cabin. You can choose to go home and treat your camper yourself but in that scenario it is likely to take longer (at least until the next day) before our health care professionals could recheck and approve your entry to camp.

Regrettably, head lice have become a widespread problem at schools, day care centers, public facilities, and camps around the country. We take every precaution at Kennolyn, especially where helmets are in use, to minimize the risk of exposure, but it does happen. It has NOTHING to do with general cleanliness or living conditions. It has everything to do with sharing helmets, hats, brushes, pillows, etc. Sharing is an important part of the camp experience, so we educate campers about what to share (time together, laughter, experiences, chores, etc.) and what not to share (hats, brushes, pillows, etc.). Activity equipment like masks and helmets must be shared, so we are careful to spray and clean these important safety items as often as is practical. Since there are no lice here when the first children arrive each summer, lice can only be carried in by unsuspecting campers. The best way to prevent lice at camp, therefore, is to ask you to check every camper before heading to Kennolyn, and to stay home if you see evidence of lice. We also check campers for lice during their stays with us, and if we do find a case, we will work diligently to prevent it from spreading. Our health care professionals will make the decision, in consultation with a camper's family, as to whether treatment will take place here or at home. We recommend the Centers for Disease Control as a source for further information. <u>http://www.cdc.gov/parasites/lice/head/</u>

Lyme Disease: Lyme disease is carried by Western Black Legged Ticks, which have been found in Santa Cruz County. Again, our first approach is prevention. You will notice, for example, that the recommended long sleeved outpost shirt on our packing list is Ash Grey instead of Kennolyn Green. This is so we can see any dark ticks (and other insects) against the light grey of the shirt. We do our best to make sure campers wear long pants and long sleeves when we are out on the trails and around the trees. We also stay on the trails to avoid unnecessary exposure to long grasses known to harbor ticks. Counselors are trained and campers advised to look for ticks on the body, and the health care professionals are immediately notified if a tick is found. *

*Please pack Bug Repellent with a DEET content of 10-30% in line with recommendations from the Centers for Disease Control.

Measles (and other communicable diseases): If there is an outbreak of a communicable disease for which there is a widely accepted vaccine, your child will need to leave camp IF WE CANNOT VERIFY THAT THEY HAVE THE REQUIRED IMMUNIZATION. In other words, if you do not or cannot have your child vaccinated or if you have not sent us your child's immunization records, we will call you if we have any outbreak and you will need to pick up your camper immediately from camp. These are basic public health and safety procedures. Make sure you take time to enter your camper's immunization history in the Health History located in your Kennolyn Account.

Mental Health: Our goal is to provide a space at camp where kids can thrive, de-stress and gain independence. Many campers who struggle with mental health concerns and do incredibly well at camp. However, it is important to know that our while our staff are incredible young people, they are not social workers. When campers are struggling with mental health concerns we do our best to handle the situations with compassion and often involve our camp health care professionals and directors to come up with a plan. We often involve the parent/guardian in these conversations. Please note that if a camper threatens to harm themselves or others at any time while at camp they must be picked up immediately.

If you anticipate that your camper may struggle with their mental health while at camp please let us know in the medical form on your CampMinder account. This form is required for all campers. Our hope is to provide campers the chance to succeed at camp, your partnership in this is the best way to ensure success.

Poison Oak: There is Poison Oak in these beautiful Santa Cruz Mountains. We make an effort to keep the main hiking trails clear of Poison Oak, and we also make sure that campers shower and change their clothing after hiking in the woods. With proper precautions and immediate attention, we have had very little trouble. Please do inform us if your camper is unusually susceptible, and please be sure to send the long-sleeved, lightweight, light-colored cotton t-shirt listed on the packing list, which is especially important for Outpost Day.

West Nile Virus: West Nile has been detected in dead birds in Santa Cruz County. We monitor county, state, and federal resources on West Nile and follow <u>strict guidelines to "fight the bite"</u>. We educate our staff and campers to reduce exposure to mosquito bites, and our health care professionals monitor our campers' health throughout the session.

If your child becomes ill while in our care, you may be called to come and take him/her home from camp. **IT IS A CONDITION OF ENROLLMENT THAT YOU OR A RESPONSIBLE ALTERNATIVE ADULT ARE ON CALL THROUGHOUT YOUR CHILD'S TIME AT CAMP.** In the current health environment, we may not be able to keep an ill child for an entire day, nor is it safe to other campers and staff. Please call the Office and request to talk with the health care professional on duty if you have any questions or concerns. Thank you for understanding and helping us keep all campers healthy.



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