

# 2022 Parent Guide

Day Camp Office - daycamp@kennolyn.com - 831-479-6714 ext 450

Hilltop Hacienda – 8205 Hacienda Lane, Soquel, CA 95073

**Online Kennolyn Account** – complete required Health Forms, optional Group Requests, or add an Authorized Adult for camper pick-ups. <u>Login here</u>.

**Enrolled Families** – <u>visit our website</u> for links to camp apparel and more.

**Kennolyn App** – We post photos each session and push out mass communication in case of emergency or if a bus is running late. While the app is available to the public to download, we must first grant access for it to be usable. We do this the week before your session and will send out an email with instructions at that time. If you want to get ahead, you can download the app now and then be able to login at that time.

iOS <u>https://apps.apple.com/us/app/kennolyn-camps-app/id1366602215</u> GooglePlay <u>https://play.google.com/store/apps/details?id=com.my1218app.KennolynCamps&hl=en\_US</u>

#### Follow us on social media

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### **WELCOME TO KENNOLYN!**

#### **Our History**

Max and Marion Caldwell (Uncle Max and Aunt Marion) created Kennolyn in 1946 with a vision for a children's camp. They saw that vision flourish, and for over 75 years Kennolyn has been one of the most acclaimed children's camps in the world. Kennolyn has grown to include Santa Cruz Mountains Overnight, Day and Family camps, has expanded to 450 privately owned acres, and each summer makes a difference in over 2,000 children's lives.

Max and Marion's granddaughters, Pam Caldwell Nootbaar (Company President), and Lindsey Caldwell Johnson (Camper Experience Coordinator) work year-round at Kennolyn, and daughter Carolyn, son Ken, and grandson Steve are on the Family Board. The Caldwell Family also relies greatly upon General Manager, Andrew Townsend, who has been with Kennolyn for thirty-five summers, and his family who are all working at Kennolyn.

#### Leadership Team

Following in the footsteps of our founders, Kennolyn's team of lead staff members ensure a wonderful summer camp experience. Contact information for our key staff who oversee various aspects of camp can be found above. Dan Johnson first came to Kennolyn in 1993 and is excited to be back as the Day Camp Director.

#### **Our Staff**

Each summer, we hire more than 40 staff members from the local area and all over the world. We carefully select all staff to ensure they are positive role models and carry out our vision of creating a healthy emotional and physical space for your children. The cultural exchange is a special bonus providing an opportunity for connection for those a little different than ourselves. All of our staff members undergo personal interviews, extensive reference checks, and background checks before starting work.

#### **Camp Community**

Kennolyn Camps is a place for children to learn and grow. We believe that a positive camp community is one that acknowledges and embraces diverse identities. We work to ensure that everyone regardless of age, race, ethnicity, sexual orientation, gender identity and expression, nationality, religion, physical ability, or socioeconomic status has the opportunity to reach their fullest potential. By practicing intentional kindness, our camp culture seeks to appreciate the value that each camper and staff member brings to Kennolyn. Campers and staff can look forward to interacting and living within this diverse and supportive environment.

Deep and meaningful relationships are built with group mates at camp and this can lead to questions about home life, identity, school, and interests outside of camp. Our counselors curate conversations with the intent that no one topic or issue dominates the sharing that takes place. If your camper has not been a part of discussions on diversity and inclusion at school or at home, they may pick up on words or themes that are new to them. We encourage families to have a conversation before camp about how important it is to be welcoming to everyone. We also ask for your understanding if a camper comes home with new questions or

has met someone with an identity or lifestyle that was previously not known to them. Our staff will help guide these conversations in a supportive and healthy manner.

#### **Program Goals**

Kennolyn Camp is dedicated to making a difference in campers' lives. We at Kennolyn feel that one way we can make a difference is by offering a wide variety of activities for the campers to participate in. Through these activities, Kennolyn aims to help campers:

- Learn about yourself
- Learn to love (or at least tolerate) nature and being outdoors
- Learn how to make the most of your free time without using technology
- Kennolyn is a safe place to be curious and explore new things
- Be healthy, stay active
- Notice, respect, and enjoy the differences among people. Practice intentional kindness.
- Learn how to make new friends and get along with others
- Be independent

### **Family Groups**

Campers are placed in co-ed groups, according to their rising school grade. Each group has 2 counselors. Additional counselors lead specialized activities like high ropes, pool time, and crafts. Counselors in Training (CITs) also provide support during Sessions 3-6. They are rising high school juniors that are part of our training program from our Overnight Camp.

Grade	Group Name	Staff to camper ratio	Group size	Highlights
K to 1	Country Bagels	1 to 6	12	Counselors gauge the energy and focus of the group and slow down or ramp up the fun. An indoor space for create play and quiet time is balanced with the playground structure, trips to the pond, and time spent with the animals.
2	Burly Big Feet	1 to 8	16	Campers are starting to gain a little more independence and learning to make decisions for themselves. They tackle the low ropes course as they face cooperative challenges together.
3 to 4	Lemon Heads	1 to 8	16	The "candy groups" go full speed as they try out BMX and fencing among other new activities for this age group.
5 to 7	Superstars	1 to 10	20	Campers build self-reliance and responsibility. They navigate social dynamics and have increased decision- making and creative opportunities.
8 to 9	Senior Campers	1 to 10	20	Take adventure to new heights by learning outdoor survival skills and how to belay on the Senior Ropes course.
10	CILTs	1 to 6	12	Develop leadership and communication skills and begin to learn what it takes to be a counselor.
3 to 7	Equestrian	1 to 6	12	Campers spend the session together as one group where two days per week are at the barn and three days a week with typical camp activities.

#### **Group Requests**

Camp is a place to make new friends and many campers come without knowing anyone. For those that wish to be placed in a group with a friend, we do our best to honor group requests. Requests must be submitted on the **Group Request Form** in your <u>online Kennolyn</u> <u>account</u>. If the request cannot be fulfilled, we will reach out to you ahead of time to avoid any surprises on opening day.

#### **Daily Schedule**

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Start	End	Monday - Thursday
9:15		Buses Arrive / Drop off
9:25	9:35	Opening Circle
9:40	10:30	Period 1 (50m per, 5m pass)
10:35	11:25	Period 2
11:30	12:20	Period 3
12:30	1:00	Lunch
1:05	1:35	Free Play
1:45	2:35	Period 4
2:40	3:30	Period 5
3:40		Closing Circle
4:00		Buses Depart / Pick up

Start	End	Friday
Start	LIIU	rituay
9:15		Buses Arrive / Drop off
9:25	9:35	Opening Circle
9:40	10:20	Free Choice 1 (30m per, 5m pass)
10:25	10:55	Free Choice 2
11:00	11:30	Free Choice 3
11:40	12:10	Lunch
12:15	12:45	Free Play
12:50	2:20	Event (90 min)
2:30	3:00	Closing Circle
3:00		Buses Depart / Pick up

#### \*\*\* 3PM PICK UP ON FRIDAYS \*\*\*

### Weekly Schedule

#### **Tuesday Founders Day**

Campers receive their camp T-shirts and smile for a group photo (contact us or login to your account to purchase your camper's group photo). Then we all gather in the redwood grove amphitheater to learn about our Founders Uncle Max and Aunt Marion and their unique story from 1946. New campers receive the coveted Kennolyn Green bracelet while everyone receives a bracelet specially made each summer (campers love to collect them all). Returning campers with 5 or more summers receive special gifts. It's a rich community building experience recognizing how together we ALL make camp a special place. If your camper comes home with a shirt that does not fit well, please let us know. And remember to mark their names in their shirts.

#### Wacky Wednesday

Everyone is encouraged to be a little wacky! Wear a wacky costume, and get ready to participate in a series of weird and wonderful contests at our Opening and Closing Circle. Who knows you could break a Wacky World record?! It's challenging and fun and a great way to break things up mid-week!

#### Friday Funday

Each Friday we have a change of pace to make things EXTRA FUN. Throughout the week we feature skits, songs, sudden performances and activities to build excitement around that week's theme. In the morning, campers grades 2+ enjoy "Free Choice" to choose from a list of available activities. Something fun is planned for our K-1 group so

we ensure they have the supervision they need. In the afternoon, we kick off our theme event with all sort of fun and unexpected games to wrap up an amazing week.

Plan out your costumes for each sessions' themes!

Session 1 – Disney (tons of characters to choose from)

Session 2 –Color Carnival – group colors TBA

Session 3 – '50s-'80s Decades (1st Fri) + Superheroes (2nd Fri)

Session 4 – Wild West

Session 5 – Fairytale Fantasy

Session 6 – Twins (1st Fri) + Holidays (2nd Fri)

Session 7 – Pirates & Under the Sea

#### PLEASE REMEMBER: CAMP ENDS AT 3:00 on FRIDAYS!

### What to Bring each Day

Each day the **<u>campers should wear athletic type shoes</u>** and comfortable play clothes. We recommend layering clothes with sweatshirts to start the day and t-shirts and hats to finish the day. Each camper needs a backpack at camp each day with:

- Face mask (for bus and nurse visits)
- Pack a lunch and snacks
- Water bottle
- Sunscreen
- Hat/visor/cap
- Swimsuit (one piece for girls please)
- UV shirts are highly recommended for all
- Towel
- Flip flops to walk to and from the pool

### **No Cell Phones Policy**

Please leave cell phones at home. They are not allowed to be used while at camp and if seen will be taken until the end of the day. Camp (including the bus) represents a short time to help young people develop communication skills and be an active part of a rich community. We encourage families to visit our <u>Parent Resources page</u> and <u>consider the data</u> on how smart phones do not contribute to the life skills we seek to grow and instead tend to increase a sense of loneliness. Discuss the idea of having a tech-free day with your camper. While it's common for campers to complain about leaving their phone at home, it's also common for campers to report a sense of relief from unplugging each day. Besides, we're going to be busy. We understand the need to communicate with campers around transportation issues. We're here to take your calls and will communicate if any issues arise. We do make exceptions to the "no cell phone" policy for medical or other family reasons. Please contact our office to discuss. Thanks in advance for your support.

### Lost & Found

Camp is a fun outdoor adventure where campers get dirty, and things get lost. Please **mark all clothes and belongings** with your camper's full name. Please do not send things that are valuable or sentimental. We post lost and found on the Camp App each Friday and can send items back on the bus for you to pick up.

### Lunch, Snacks, & Free Play

Kennolyn does not provide lunch or snacks. All campers must bring lunch and snacks from home. Our nurse, leadership, and group counselors review allergy information each session so they are aware of camper food allergies, epi pens, etc. If your camper has a life threatening allergy that can be triggered by airborne allergens, please contact our office to discuss. Our standard practice due to allergies and dietary restrictions is for campers not to share food. If needed, we may ask campers in a particular group and/or all groups to not pack certain foods for that session. We do not have refrigeration, nor can campers heat up their food. Please pack lunches appropriately. It's also a good idea to pack two simple snacks as well: one for the morning and the other right before the bus ride home. Campers spend 30 minutes at their group lunch spot eating and hanging out. Then grade groups 2+ have "Free Play" where they choose from several supervised areas with lots of games – ball sports, Playstation, and the Grove. Grades K-1 remain together with their counselors and take over the Playground which also has an area with quiet games like blocks and Lego. Once Lunch and Free Play is over, groups reunite, counselors take roll, and head off to the next group activity. The lunch time frame is the time for late drop off or early pick up.

### **Birthdays**

Having a birthday at camp is extra fun. We offer up the traditional birthday song serenade and pass out a frozen treat to the birthday group at lunch. After years of trying different treats, we have settled on 100% fruit juice, colorless Otter Pops. Visit this <u>link</u> for ingredients and let us know if you have any concerns. We cannot provide alternative treats but can ensure your camper does not receive a treat if we are notified.

### **Outdoor Cooking**

Cooking on an open campfire is a time honored camp tradition. Groups typically have at least one period of Outdoor Cooking each session. We've put together recipes that take dietary restrictions and allergies into account which include baked apples (with cinnamon and sugar), banana boats (with mallows and chocolate), and s'mores. We just pop a few ingredients in a foil pack and you're good to go! We always have vegan and gluten free options to make the same treat.

### **Bus Transportation**

Riding the bus is an awesome part of camp and an incredible growth opportunity for kids. Waving goodbye in the morning and returning safely in the late afternoon builds independence. That is a key character trait we seek to develop and the bus has been an incredible tool for that. The bus is also lots of fun. It's a part of each camper's identity at camp and a source of pride as campers create daily cheers to see who is released first. Riding the bus and arriving together helps get the morning jitters out and starts campers off with a big boost of energy.

**To help set the tone, we ask for campers to leave cell phones at home**. We recognize that families are used to being in touch with their campers and ask you to frame the trip as a part of the experience and growth opportunity.

- **Schedule & Changes:** please review our <u>website</u> for the most up to date schedule. If we need to make a change, we will reach out by email. If you do not plan to ride the bus on a particular day, please notify the office in advance. We cannot alter your drop-off or pick-up location during the session.
- To avoid a stressful first morning on the first day, please drive to your bus stop so you know exactly where it is and how long it takes to get there!
- **COVID: all campers and staff are required to wear a mask regardless of vaccination status when riding the bus.** Thank you for your support in taking this extra precaution. To improve ventilation, bus windows will be open. Please make sure your child is dressed warmly for the bus trip. As usual, high touch surfaces are cleaned regularly.

### About the buses:

- We hire Michael's Transportation and their professional drivers.
- We give the buses color names and attached colored bracelets to camper bags to help campers know where to go. So even though your campers might be on the Red, Blue, or Green bus, the bus itself is actually yellow with a Kennolyn Camps magnet on the side.
- Two or more staff members wearing a Kennolyn shirt check campers in and make the ride to camp fun. At the end of the day the same counselor will check your camper out to you when they arrive at the bus stop.

### Arriving at Stop & Drop Off

- Stay with your camper in your car until you see a Kennolyn counselor or the bus arrives.
- Once the bus arrives, please have camper mask up.
- Once the bus has stopped and the counselor has disembarked, walk with camper to check in with the counselor. DO NOT allow camper to run toward the bus. Please line up in an orderly manner.
- If someone other than the adults listed on the application will be picking your camper up, please <u>access your online account</u> and complete the Authorized Adult form. We only release campers to adults on this form or the application. You may also hand the counselor a hand-written note with the person's name and contact information.
- The bus will wait 5 minutes after the departure time for any late campers.

### Once on board

The counselors will go over the bus rules and safety procedures with the campers. Please take a minute to review them with your camper before the first day of camp:

- 1. Campers and staff mask up at all times.
- 2. Sit facing forward with the seat belt fastened properly.

- 3. Remain seated while bus in motion.
- 4. Remain seated until the bus is completely stopped. Do not change seats unless instructed to do so by the bus driver or the bus counselor.
- 5. Do not throw anything or put anything out of the bus windows.
- 6. Keep aisles clear –bags and backpacks are tripping hazards and can block the way in an emergency.
- 7. Keep your hands to yourself.
- 8. Use an inside voice when talking to friends on the bus. No yelling or screaming.
- 9. Always follow the directions of the bus driver and counselors.
- 10. At your stop, wait for the bus to stop completely before getting up from your seat, then walk to the front door and exit using the handrail. Stay away from bus tires.
- 11. Be kind to all campers and staff.
- 12. Emergency & safety procedures:
  - a. Where, when and how to use emergency exits on the bus.
  - b. Where the emergency equipment is and how to use it.
  - c. What to do in case of an emergency or evacuation.

### Pick Up

- You will be given two Placards with your campers name on the first morning. Anyone with a Placard may pick up your child.
- To check out, show the Placard and state your name and your relation to the child.
- If the placard has been misplaced, please show ID.
- If someone other than the adults listed on the application will be picking your camper up, please <u>access your online account</u> and complete the Authorized Adult form.
- If you are not at the pick-up spot, you will be contacted and your child will go back on the bus and should be picked up at the last stop on that route.
- All passengers who must cross the street on which the bus has stopped must cross at a traffic signal or under the protection of the red signal lights from the bus. Passengers must cross in front of the bus only after the driver has signaled that it is safe to do so
- Stay away from the bus' wheels at all times.
- If the child is picked up late at the last stop a \$20 fee will be charged.
- If the child is not picked up at the last stop, the child will be driven back to Kennolyn and a \$200 fee will be charged.

### Communication

- If the bus is running very late or we have any changes to the route, we will notify you via email and our Kennolyn App. The app can be downloaded in your preferred app platform (search for Kennolyn.)
- If you are running late, call the office and we will contact the bus driver or onboard counselors. The counselors are often busy managing campers and taking a phone call can be one thing too many.
- We will call you on the phone number you listed in your Kennolyn account if there are any emergencies that have affected the bus route.

### Please contact us with any questions!

### **Driving Campers - Drop Off & Pick Up**

Times: 9:15am drop off, 4pm pick up Mon-Thu, 3pm pick up Fri

Camp is located at **8205 Hacienda Ln, Soquel.** It is approximately 10 minutes from Highway 1 to camp. The speed limit on Glen Haven Road is 25mph. Please respect our neighbors and the wildlife and do not speed. Note: cell service isn't available all the way up the hill.

The gate will open shortly before arrival times. Staff will help direct traffic. Cars will pull into the unloading area in a single file line. Please stay in line, unless directed by a staff member. Campers should have backpacks with them (rather than in the trunk) to keep the line moving. Our staff will then indicate the correct place for campers to unload. In this way, we can keep the line moving without parking.

Sometimes campers may have a day when they are unwilling to leave the car. If this happens, you may be directed to a parking spot on the hill above the parking lot. We do this because parking spaces are limited and the buses need space to turn around. From this point, you can walk your child to the gate.

For those driving their campers, on the first morning of each session, each family will receive two Placards with the name of your child. Please place the placard in your window to help with afternoon pick up. Camp Staff will radio the appropriate counselors and the camper will be sent to the pick-up area. Anyone with that Placard may pick up your camper. If someone who is not on the authorized pick-up list is sent to pick-up, please notify us in advance and make sure the person picking up has appropriate ID. To help limit exposure parents may not leave the car while on camp property.

### Late Drop Off & Early Pick Up

On a large property where groups travel far and wide, it is difficult to accommodate late drop off or early pick-up from camp. So we ask you do this at lunch time (**12:30-1 Monday-Thursday and 11:40-12:10 on Fridays**). Please inform us of your intention as soon as you are aware of the change. During the day, the gate is closed. Simply follow the directions on the gate call box. This will alert us that you are here so we can retrieve your camper and walk them to the pick up area.

### **Camper Behavior Guidelines**

Camp is a relaxed and pleasant place for kids to explore and learn. At camp we take a "we can work this out" approach when we address behavior that is not acceptable. Campers will work with the group counselors to make an agreement that helps define standards of behavior that are in everyone's best interest.

Safety standards and cleanliness protocols MUST be adhered to strictly for everyone's protection. Refusal to comply or blatant disregard for safety protocol will be taken very seriously. With that in mind...

- We treat everyone with kindness and respect.
- We follow the directions of counselors and staff.

- We are honest in all situations, especially when we make a mistake.
- We follow all safety and cleanliness protocols.
- We do not use bad language.
- If disputes arise, we talk it out, walk away or ask for help from a counselor. Using physical means to solve a problem is never OK.
- We are not violent in words, actions, or attitude towards others. Threats of harm to yourself or others will be dealt with seriously.
- We show respect by saying please, thank you and you're welcome.

### **Appearance Guidelines – Keepin' it K-Rated**

What is K-Rated? It is easy to understand once you're here! We embrace campers from 1<sup>st</sup> through 10th grades, from all different backgrounds. To ensure everyone is at ease, we have developed a set community standards to help guide the behavior and appearance of campers and staff. We lead an athletic lifestyle here at Kennolyn and we ask that you pack clothing that supports outdoor play and exploration. Thus we ask everyone to follow Appearance Guidelines so clothing is not a focus. If a camper does arrive with inappropriate attire, we will work with the camper and family to make sure they get replacement clothes suitable for camp.

- 'K' rated DRESS CODE FOR ALL CAMPERS No spaghetti straps, halter tops or low necklines. Tank top straps must be at least 2" wide
- No exposed midriffs (shirts should reach the top of pants)
- No excessively low-rise pants or see-through clothing
- Clothing must cover camper's undergarments. Shorts must cover camper's bottom completely at all times (including while seated and while climbing in a harness).
- Logos / images on clothes must not show or advocate drugs, alcohol or tobacco, or be sexual or violent in nature
- Clothing should not be unsafe or distracting. Clothing must not include gloves, chains, spikes, safety pins, etc. or anything that can be a snagging risk.
- Keep jewelry to an absolute minimum and leave expensive jewelry at home. Kennolyn cannot be held responsible for jewelry that is lost or stolen
- Nothing may be worn in any pierced body part except for ears (1 earring per ear, no dangling jewelry too dangerous!)
- Long hair must be kept tied back for safety/hygiene reason
- Clothing or appearance that is distracting or unsafe is not allowed. Clothing must not include chains, spikes, safety pins or anything that can be a snag risk.
- Proper footwear required at all times with socks sneakers or athletic shoes for most activities (except riding, for which boots and helmets are supplied). Many campers like to wear crocs. These are acceptable as long as a foot strap is worn. Crocs cannot be worn while on our ropes course or climbing wall.
- Sandals or flip flops to and from the pool only. Our terrain is hilly, stubbed toes and falls are avoidable hazards!
- Leave expensive or formal clothes at home. We get dirty!
- Athletic style one piece bathing suits or swim shorts are required. UV swim shirts are optional but highly recommended. No bikinis, tankinis, speedos or cut out swimsuits.

### **Camp Activities**

Day Camp offers a wide range of exciting, well-organized outdoor activities designed to take advantage of our beautiful 240-acre private forest property. Activity planning focuses on camper safety, skill development, group cooperation, and fun! Groups have an opportunity to participate in each activity based off of grade eligibility, a rotating Mon-Wed and Tues-Thurs schedule. The matrix below shows activities scheduled per group from Monday to Thursday. During "Friday Free Choice", groups choose from eligible activities at their grade level or below. This way if there is something an older camper is interested in and didn't have it a part of their schedule, they can do that on Friday. For example, an 8<sup>th</sup> grader may choose Climbing while a 2<sup>nd</sup> grader may not. Using this system, there is something new to look forward to every summer.

	<u>K&amp;1</u>	<u>2</u>	<u>3 &amp; 4</u>	<u>5 to 7</u>	<u>8 &amp; 9</u>	<u>10</u>
Crafts	x	х	x	x	x	
Ball Sports	x	х	x	x	x	
Field Sports	x	х	x	x	x	
Pool	x	x	x	x	x	x
Water World	x	х	x	x	x	
Fort Building	x	х	x	x	x	
Outdoor Adventure	x	x	x	x	x	x
Outdoor Cooking	x	х	x	x	x	x
Archery	x	х	x	x	x	
Riflery			x	x	x	
Horse Vaulting	x	х				
Animal Care	х	х				
Playground	x	х				
Playstation	х	х	x	x	x	x
Low Ropes		х				
Climbing			x			
High Ropes				x		
Senior Ropes					x	x
Fencing			x	x		
BMX			x	x		
Survival					x	
Leadership						x

#### **Animal Care**

A small group of animals (goats, chickens etc.) live at camp during the summer. Campers will visit them during this activity and learn how to interact with the animals in a respectful and caring way. Feeding, clean-up, grooming and general knowledge of each animal will be taught.

#### **Archery and Riflery**

Safety and knowledge are of the utmost importance in this program. Counselors are trained to safely lead both archery and riflery. Our program starts with safety and moves through various stages of marksmanship. Campers of all ages learn to fine-tune their motor skills and increase their powers of concentration in these activities. Riflery can be controversial with our staff and families. While we are alarmed by gun violence in our country, we believe in teaching campers' proper safety and etiquette. It also reinforces the concept of sports and marksmanship-think Olympic biathlon. Additionally, it is an excellent way to practice breathing and concentration. Most campers lack impulse control, and these sports provide a fun way to build those skills!

#### BMX

Campers start with learning BMX basics on our dirt pump track. As they grow in their confidence, campers take on the jumps.

#### Crafts

A variety of arts and crafts projects are offered each session for campers to get creative and take home wonderful keepsakes of their camp experience. Friendship bracelets and lanyards are a camp favorite and always available.

#### **Court Sports**

Counselors organize court sports ranging from basketball, soccer, hockey, Ga-Ga (a camp dodge ball game), 9-square and Kennolyn's own happy shiny fun ball!

#### Low Ropes, Climbing, High Ropes, and Senior High Ropes

One of the highlights of camp are the four different challenge courses that give campers something new to look forward to each year - Low Ropes (grades K+), Climbing (3+), High Ropes (5+) and Senior High Ropes (8+). These activities are led by trained specialists where campers learn team work, trust, and "challenge by choice". Campers choose how much to push their comfort zones and are applauded no matter how far they go. They set their goals and we help them reach them.

The progression begins with Low ropes with a focus on team building on elements low to the ground. Campers learn to "spot" each other and take turns as they balance their way across wires. Those spotting skills transfer well to climbing both at Kennolyn and on real rock. Next up, our Climbing wall has four routes and is similar to an indoor climbing gym. Our trained staff belay while other campers are a part of the "belay chain" as they start to learn the many steps of safe climbing. High Ropes is run on a continuous belay system were campers are tethered to wires up in the trees. The week ends with the Giant Swing – for thrill seekers only. Finally, Senior Ropes provides campers even greater mental and physical challenges. Campers also learn to belay each other under the guidance of our staff.

#### Fencing (grades 3+)

This exciting activity will be led by specialists. Group counselors are involved in supporting the specialists and helping campers as needed during the activity.

#### Fort Building at Adventure Town, Candy Land, and Wishing Tree

Each age group has their own special place out in the woods to explore, build forts, connect with nature and be creative. Counselors guide campers based on their developmental stage with older groups learning to build debris huts and other survival skills.

#### **Outdoor Adventure**

Our redwood forest offers a wonderful environment for campers to learn more about nature. Outdoor Adventure takes place in various areas of camp and includes activities like hiking, animal tracking, frog counting, bug collection and more! Counselors will hike some of our favorite trails during training and learn the stories and folklore that matches each place. Big Tree, Wishing Tree, and Kennachauns are all part of the experience!

#### **Outdoor Cooking**

Campers learn fire-building skills and prepare a variety of treats over the open fire. S'mores, cinnamon apples, and banana boats are camp favorites! Vegan and gluten free options are provided.

### Playstation

There aren't any video games at camp but we still have Playstation. This is a collection of fun physical games on the Quad used during Free Play at lunch. Games include Ga-Ga (type of dodgeball in a hectagon), Nine Square in the Air (like four square but uh...in the air), ping pong, box hockey, and other fun games.

#### Songs and Skits

We sing all the time at camp and it is important for counselors to be enthusiastic and involved when we sing. Don't just walk to an activity, sing a song along the way! Groups also perform skits on stage and counselors should be ready and able to help facilitate the fun! YouTube and TikTok are great inspiration (if it's K-rated).

### Survival Skills

Senior campers learn some of the basics of outdoor living like fire starting, advanced cooking over a fire, shelter building, knot tying, water collection and filtration.

### Swimming & Pool Time

Swimming is a camp favorite. Certified lifeguards are on duty to ensure campers are safe. Each session starts with a safety swim so the lifeguards can assess camper skill level and see where they can safely swim in the pool. Those that are deemed not able to swim unattended in the deep end are given a bracelet to wear so lifeguards and staff alike can monitor campers appropriately. Some campers already know they're not strong swimmers. Parents can coach their child to simply opt out of the safety swim and get a bracelet to avoid performance pressure. Lifejackets are available and counselors encourage their use. Fun floating foam animals and other pool toys also help provide extra support for campers. As the pool was built many years ago, the shallowest area is 3'. Our goal at camp is for every camper, regardless of age to swim. Parents who wish to give their camper the option NOT to swim should contact the office. This is especially important with the older campers. We ask families of teens to set an expectation for campers to swim. If campers must absolutely not swim, we provide cards and games to be played pool side in the shade.

#### Water World

We set up a big inflatable along with several squirt guns in an area next to the pool. Campers love to play, bounce, and if it's hot, bring the hose out and turn the inflatable into "Water World". This gives everyone a chance to cool off, especially those less comfortable in the pool.

#### **Changing for Pool and Water World**

We aim to make all campers feel comfortable at camp. As such, we have a dress code around the pool and Water World. <u>Athletic style one piece bathing suits or swim trunks are required. UV swim shirts are optional but highly recommended. No bikinis, tankinis, speedos or cut out swimsuits. Swim suits and towels should be brought to camp each day as two days a week campers are in the pool, two days they may be on Water World, and on Friday campers may choose either "wet" activity during Free Choice. So it's a good idea to get in a daily routine. When it's time to change, campers change in individual changing tents, located near the pool and Water World area.</u>

### **Equestrian Specialty**

Over the years, we have offered beginning horseback riding in different formats. One thing we repeatedly found is that pulling campers from their normal group activities was disruptive for them and the group. So this year, we are piloting the Equestrian Specialty to maintain the group dynamic while giving campers time with horses. Campers who have paid the additional fee for Equestrian Specialty will be in the same group for the session both at the barn and around camp. The group is made up of 12 campers from grades 3-7. Like our other groups, two counselors will supervise in addition to the several riding instructors. Each week during the two "Barn Days" the group will be split in half based on age and ability to take their riding. vaulting, and horsemanship lessons. On these days, campers should come dressed in long pants. We provide boots and helmets, but campers may bring their own. The other three "Camp Days", the group will do typical activities together including cooling off at the pool. This includes Friday Funday where campers choose their own activities for the first half of the day. This allows grades 3-4 to try Climbing and grades 5-7 to try High Ropes or other activities they may have missed out on during the week. Then the day wraps up with our all camp event based on the week's theme. We are excited for this program and look forward to your feedback. For families just now learning about this, unfortunately, the Equestrian Specialty is full. If you would like to be added to the waitlist, please contact camps@kennolyn.com.

### **Activity Supplies and Equipment**

We will provide all the necessary equipment for Camp activities. No personal sports or activity equipment will be allowed at Camp. The one exception to this is the Equestrian Specialty where campers may bring their own boots and helmets if they choose.

# **HEALTH AND SAFETY POLICIES**

Day Camp has one nurse or EMT every day of the week and there are also nurses on site at the Overnight Camp. Our camp doctor is also on call. Our Health Center offers a bright and cheerful retreat, where our nurses can take care of the most common camp ailments. Sometimes, the only necessary medicine is a place to sit quietly for a few minutes or a chat with a caring nurse. In such cases, we will not automatically contact you, unless we feel there is a specific need to do so. If you are a nurse or know a nurse who would like to be a part of our work trade program, please contact the office. We trade one week of work for two weeks of camp tuition for your children.

### **Covid Policy**

At this time, no camp provider, including Kennolyn, can guarantee that your child will not contract or be exposed to COVID-19. If you choose to send your child to camp, you are doing so with the understanding that there is a potential risk of exposure.

Kennolyn's Day Camp is a fully outdoor program and we operated successfully in 2020 and 2021 before vaccinations were available. As schools reopen without vaccination mandates, we feel that we can operate without requiring COVID vaccinations at this time. Masks will be optional outdoors and REQUIRED on buses and when entering our office and health center. No indoor spaces will be used for activities.

We continue to join the <u>CDC</u> in strongly recommending vaccinations for all eligible children and adults. All Kennolyn counselors are vaccinated. There is always the chance that a government agency may mandate vaccinations for camp attendance or circumstances might force us to reevaluate this policy. If you enroll for Kennolyn's Day Camp, you are subject to the <u>cancellation terms</u> as detailed in our online registration. COVID is a known risk, and refunds will not be granted for camp attendance lost due to COVID infection, exposure, policy changes, or future vaccination mandates. We recommend purchasing adequate <u>tuition refund</u> <u>insurance</u> and vaccinating all eligible children.

In the case of exposure or general sickness, our standard cancelation policy applies and is listed below.

### **Exclusion and Reentry into Camp**

We ask that you check your child's health and Covid symptoms each day prior to sending them to camp. Your child should not attend camp when they have any of the following symptoms:

- Temperature higher than 100.4°F
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue

- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

These are potential symptoms of COVID 19 and other contagious ailments. For the safety of Kennolyn staff, volunteers and other participants, please keep your child home if they have any of these symptoms.

If your child experiences any one single symptom from this list, they should be free of this symptom for 24 hours, without medication, before returning to camp.

If your camper experiences a temperature higher than 100.4°F with any one or more of these other symptoms we must assume that COVID 19 is a possibility, and their reentry is only possible with a negative COVID 19 test. We recognize these protocols are extreme and may result in a child being excluded from camp because of allergies or some other simple ailment, however we must exercise extreme precaution to protect our campers, staff and our greater community!

Please follow these guidelines for other common illness:

- **Whooping Cough:** exclude from camp until 5 days from start of appropriate antimicrobial treatment.
- **Pink Eye:** 24 hours after initiation of antibiotic treatment.
- **Strep Throat**: 24 hours after initiation of antibiotic treatment and no fever for 24 hours without fever reducing medicines.
- Lice: Until treated with a pediculicidal agent. Seven days after treatment a health care provider or camp nurse shall re-examine for infestation.
- **Chicken Pox:** Six days from the outbreak of the last crop of blisters with all pox marks dried.
- **Unexplained rashes:** if your child has other symptoms like cough, runny nose, sore throat, and/or fever.
- **Impetigo**, **scabies or ringworm:** Until judged non-infectious by the physician or 24 hours after initiation of treatment.

We do not have the space to keep an ill child for an entire day, nor is it safe to other campers and staff. Please call the Office and request to talk with the nurse on duty if you have any questions or concerns. Thank you for understanding and helping us keep all campers healthy.

### **Health Forms**

**For the continued safety of each camper, new and up-to-date Health History forms are required every year and are due 2 weeks before the session.** <u>Click here</u> <u>to access your online account and complete the Health Form.</u> Due to our American Camp Association accreditation standards, campers may not participate in our program without a health form. The form does not require a doctor's visit but does give us the authorization to treat your child in case of an emergency. We also require immunizations to be up to date as well. Most families visit their provider's web portal to download a pdf from their system and then upload it to ours. Keep in mind that our system only can accommodate one pdf so you'll want to make sure it has all the pages you need instead of uploading one page and then uploading another after which replaces the first one rather than adds to it. Finally, while we are not requiring COVID-19 vaccinations for campers, we do ask that those that are vaccinated upload that as well.

### **Medications**

We expect any medications that your child may need will be given by you at home. If you have an exception to this, please contact us to discuss. These medications must be held and distributed by our Nurse and/or counselors. Emergency meds like epi pens and inhalers will be carried by the counselors.

### **Participation Guidelines**

Campers and staff who are immunosuppressed (as defined by their medical professional) or live in a home with an immunosuppressed person should not consider participation in camp during these extraordinary times. Participation in a camp program during this pandemic has too high a risk factor. If you have any concerns about this policy, please contact us to set up a time to talk with our medical team. We also ask that all parents consider the following question when deciding to enroll their child: "Can my child reliably follow verbal directions from staff given in English." We can attempt to accommodate as needs arise but if you have a special request we ask that you contact our office 45-60 days in advance of the camp session.

### **Minor Ouches at Camp**

Counselors may care for campers who need band-aids and rest. Health care staff will always be available to advise counselors and will provide care for anything other than a very minor issue. All medical actions will be reported to and logged by health staff.

### **Camper-to-Staff Communication**

One of the beauties of enhanced communication technologies is the ease with which people can stay in touch. However, there are concerns that must be included in any policy regarding contact between campers and staff outside of camp. We do not endorse or encourage staff to build personal relationships with campers outside of camp. Any effort to build such a relationship should be instigated by the camper and not the staff member and be done with the approval and supervision of the camper's parents. We vouch for our staff when they are in the controlled environment that we create at camp. We cannot control their behavior outside of their period of employment with us. Please make sure that you are aware of any contact or correspondence between your child and any member of our camp staff. If you want to discuss any concerns with us at any time, please contact one of our directors.

### **Camper-to-Camper Communication**

Collecting phone numbers/social media usernames/addresses and promising to stay in touch is one of the time-honored rituals of summer camp. However, with so much instant communication we must be more careful about how our children use the contact information they collect. We encourage parents to be aware always of a child's computer use. We want our campers to be safe on the Internet. Here is the best advice we have found about how to educate your child to respond to inappropriate communications. If you receive a threatening e-mail, IM or message—one that is mocking, uses vulgar or harassing language—here is what we tell campers they should do:

- Tell your parents or a trusted adult!
- Do not respond to the message or retaliate.
- If possible, save the message to your hard drive or an external drive.
- Print out a copy of the message, then close it but do not delete it.
- Tell your parents about it and have them decide what to do next. They may notify the local authorities.
- Parents-If you suspect that the sender of the messages is someone connected to Kennolyn, please contact us immediately.

# **ADMINISTRATIVE POLICIES**

### **Camp Attendance**

If you know that your campers will miss a day of camp, please email the Day Camp Office at <u>daycamp@kennolyn.com</u>. Attendance is taken in the morning by group counselors. We collect group attendance and contact the home when campers are absent. We do not give credit for days missed nor transfer them to other sessions.

### **Cancellation Policy**

This information is repeated from the website.

All tuition is fully refundable until 2/1/2022. If you used rollover funds to pay for camp in 2022, upon cancellation it will be returned to your account as a credit for your further use. Any monetary payments made for camp in 2022 are refundable until 2/1/2022.

Cancellations received from 2/1/2022 to 5/1/2022 will be eligible for a full rollover of fees to the following summer (less application fees if applicable.) Cancellations received after May 1st will not be considered for any refund or rollover, regardless of circumstances.

You may change sessions as often as you like without fee or penalty as long as there is space available.

If you have a rollover from a previous summer, it can be transferred or extended but cannot be converted into a refund.

In every program offered by Kennolyn, refunds will not be provided if:

• Your camper is dismissed from camp. We reserve the right to ensure the safety and wellbeing of all campers and to dismiss a camper, without refund, for misconduct or unsociable behavior, as determined by the Directors.

- You choose to withdraw a camper for any reason before the child has completed the entire session in which enrolled.
- You do not submit a complete state required health form by the required due date.

### **Tax Deduction**

Although the program cannot be compared to a simple day care program, camp tuition can be claimed as a day care tax deduction. Ask your tax preparer. For your use our Tax ID is 82-3028192.

# LAST THOUGHTS

### **Fun Stuff**

Our staff are excited and ready to lead your campers on a wonderful adventure. Your camper can get ready for camp while at home by learning to play camp songs on the guitar or ukulele. Or just listen to songs online. Or maybe make foil stew at home. Visit <u>Fun Stuff online</u> and have a little camp at home!

### Value of Camp

We encourage you to check out the many videos, articles, and <u>resources online</u>. We believe there is tremendous value in the summer camp experience and find these resources do a good job of explaining that. We hope you agree and can help us spread the word.

### Get ready for a GREAT Summer!

Educating children (and we believe that camp is a vital part of a child's education) takes the cooperation of us all. In our promotional materials and through this guide, we explain our philosophies and policies, which have been developed over many years. If you have concerns, questions, or comments about your camper's upcoming experience at Kennolyn, please feel free to contact us. The more we know, the better equipped we are to

ensure a successful camp experience.