



Kennolyn Camps

2021 Santa Cruz Mountains Overnight Parent Packet

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WELCOME TO KENNOLYN!

Please take the time to read this entire document. Kennolyn's success this summer depends on us all adhering to the following guidelines.

It's been a year for sure, and instead of focusing on the bad, here at Kennolyn we're doing our best to look forward and create something good...Kennolyn 2021! After running limited programs in 2020 we learned a lot and feel equipped to provide your camper with the best experience we possibly can. Our 2021 program is designed around the most recent health and safety standards from the American Camp Association (ACA,) CDC, and our local health department, and will be modified and adjusted as things change. We are determined to make our 75th year a spectacular one!

Our History

Max and Marion Caldwell (Uncle Max and Aunt Marion) created Kennolyn in 1946 with a vision for a children's camp. They saw that vision flourish, and for over 75 years Kennolyn has been one of the most acclaimed children's camps in the world. Kennolyn has grown to include Santa Cruz Mountains Overnight, Day and Family camps, has expanded to 450 privately owned acres, and each summer makes a difference in over 2,000 children's lives.

Max and Marion's granddaughters, Pam Caldwell Nootbaar (General Manager), and Lindsey Caldwell Johnson (Camper Experience Coordinator) work year-round at Kennolyn, and daughter Carolyn, son Ken, and grandson Steve are on the Family Board. The Caldwell Family also relies greatly upon the Camps Director, Andrew Townsend, who has been with Kennolyn for thirty four summers, and his family who are all working at Kennolyn.

Our Staff

We are working with a very small group of international staff but we expect the vast majority of our staff to be from California. We will do our best to have as many staff as possible vaccinated prior to their employment. As of May 18th, we expect all of our residential staff to be fully vaccinated. Some may arrive partially vaccinated but will complete their course of vaccinations as soon as possible. Many of our counselors are former campers themselves, and they return year after year. All of our staff members undergo personal interviews, extensive reference checks, and background checks before starting work.

Leadership Team

Following in the footsteps of our founders, Kennolyn's team of lead staff members ensure a wonderful summer camp experience. Contact information for our key staff who oversee various aspects of camp can be found opposite the index above.

Camp Community

Kennolyn Camps is a place for children to learn and grow. We believe that a positive camp community is one that acknowledges and embraces diverse identities. We work to ensure that everyone regardless of age, race, ethnicity, sexual orientation, gender identity and expression, nationality, religion, physical ability, or socioeconomic status has the opportunity to reach their fullest potential. By practicing intentional kindness, our camp culture seeks to appreciate the value that each camper and staff member brings to Kennolyn. Campers and staff can look forward to interacting and living within this diverse and supportive environment.

Program Goals

Overnight camp provides a much-needed respite for children this summer. With the cancellation of in-person school and the shelter in place orders we have all been living under, we believe kids need camp more than ever this year. Spending the days outside with positive, caring, adult role models and other excited kids will provide the opportunity for our campers to enjoy the summer and feel like kids again!!

Kennolyn Camp is dedicated to making a difference in campers' lives. We at Kennolyn feel that one way we can make a difference is by offering a wide variety of activities for the campers to participate in. Through these activities, Kennolyn aims to help campers:

- Learn about yourself
- Learn to love (or at least tolerate) nature and being outdoors
- Learn how to make the most of your free time without using technology
- Kennolyn is a safe place to be curious and explore new things
- Be healthy, stay active
- Notice, respect, and enjoy the differences among people. Practice intentional kindness.
- Activities and counselors will help you feel like you can do something well
- Learn how to make new friends and get along with others
- Be independent

DRIVING TO KENNOLYN

- 8400 Glen Haven Rd, Soquel, CA. Once you get on Glen Haven Road, continue approximately 3 miles
- Pass the first Kennolyn sign to the Hilltop Hacienda (on your left)
- Turn right at the second Kennolyn sign into Stone Creek Village (Overnight Camp)

Alternate route to avoid weekend beach traffic (please check before):

- From Highway 17 south, take the off ramp at Summit Road (just beyond Redwood Estates).



PACKING GUIDELINES - KEEPIN IT 'K' RATED

What is K-Rated? It is easy to understand once you're here! We welcome campers from 1st through 12th grades, from all different backgrounds. To ensure everyone is at ease, we have developed a set community standards to help guide the behavior and appearance of campers and staff.

Kennolyn is a wonderful place for children to discover, embrace and express themselves, but not through dramatic fads and fashion!! We lead an active lifestyle here at Kennolyn and we ask that you pack clothing that supports outdoor play and exploration. Thus we ask everyone to follow a simple dress code so that clothing is not a focus. It is important for families to support this dress code, so please do not bring campers wearing or having packed clothing not reflective of these community standards. If a camper does arrive with inappropriate attire, we will work with the camper and family to make sure they get replacement clothes suitable for camp.

Please make sure to include your camper in discussions about what they will pack for camp, and feel free to ask questions at any time. Our standards evolve and develop all the time, and we have ongoing discussions with our campers and their families.

'K' rated DRESS CODE FOR ALL CAMPERS

- No spaghetti straps, halter tops or low necklines. Tank top straps must be at least 2" wide
- No exposed midriffs (shirts should reach the top of pants)
- No excessively low-rise pants or see-through clothing
- Clothing must cover camper's undergarments. Shorts must cover camper's bottom completely at all times (including while seated and while climbing in a harness).
- Logos / images on clothes must not show or advocate drugs, alcohol or tobacco, or be sexual or political in nature
- No gang, goth, grunge or style of dress representing a particular group, affiliation or identifiable sub-culture
- Keep jewelry to an absolute minimum and leave expensive jewelry at home. Kennolyn cannot be held responsible for jewelry that is lost or stolen

- Nothing may be worn in any pierced body part except for ears (1 earring per ear, no dangling jewelry - too dangerous!)
- Long hair must be kept tied back from breakfast through dinner for safety/hygiene reasons
- Hats and visors are encouraged, but should not be worn in the Caldwell Lodge
- No hanging chains on the outside of clothing for safety reasons
- Proper footwear required at all times with socks - sneakers or athletic shoes for most activities (except riding, for which boots and helmets are supplied). Many campers like to wear crocs. These are acceptable as long as a foot strap is worn. Crocs cannot be worn while on our ropes course or climbing wall.
- Sandals, flip flops or Crocs can be worn ONLY to and from the pool. Our terrain is hilly, stubbed toes and falls are avoidable hazards!
- Leave expensive or formal clothes at home. We get dirty!
- BOYS: regular swim shorts only. No Speedo-type swim briefs.
- GIRLS: one-piece athletic style bathing suits only. No bikinis, tankinis or cut out swimsuits. We recommend UV swim shirts for all campers and staff.
- Camp is a place to be your authentic self, so make-up should be kept to a minimum

Please Label Everything!

Keeping track of clothing for hundreds of campers is a tremendous challenge, so **please label absolutely everything** (even toothbrushes!) with first and last names using a permanent pen or custom iron-on nametags available through our online store (allow 3-4 weeks for delivery).



REQUIRED KENNOLYN SWEATSHIRTS AND T-SHIRTS

For 2021 one Kennolyn t-shirt is required. They **MUST be purchased through [our online clothing provider](#) prior to camp**, as they are not available for purchase on Opening Day.



Important note about outgrown Kennolyn shirts: You are welcome to bring or send them to camp rather than donating them to Goodwill, etc. so that we may recycle and reuse them here.

PACKING SUGGESTIONS

Bring lots of long pants, T-shirts, and long shorts, and please remember that this is camp. Send well used clothing and towels, and nothing that requires ironing. Please wash any new clothing so it doesn't color bleed in the camp laundry!

SPECIAL NOTES TO PARENTS: Help your camper avoid poor choices and potential embarrassment. Please review our dress code and guidelines and supervise your camper's packing!

On Opening Day, each camper's belongings will be unpacked with their counselor and checked against the [Packing List](#), both to ensure accuracy and for the safety of all campers. Anything not conducive to our camp community will be withheld until Closing Day. Counselors must be aware of everything their campers have brought with them, and we reserve the right to see all items brought to camp (your camper may request privacy during this process if uncomfortable unpacking in front of others). We also reserve the right to search a camper's belongings at any time if our staff has reason to believe the health and welfare of any member of our camp community is threatened by items believed to be in their possession.

PACKING LIST: Please refer to our list of everything that is mandatory or suggested to bring to camp. Please don't forget to send along the completed [Packing List](#) in your camper's luggage.

LAUNDRY: During 2 week sessions, all campers use our laundry service at the mid-point of the session. This is for outpost clothes and essentials only. Campers should not plan to wash all of their clothes. We do not do camper laundry during 1 week sessions, so please send ample clothing. At the end of the session, dirty outpost clothes will be packed in camper's luggage in a plastic bag. Take care handling these items! Due to the enormous amount of laundry, Kennolyn cannot be held responsible for clothing that needs special handling, or for items lost or damaged. Please label everything!

LUGGAGE: We recommend your campers use wheeled duffel trunks.

But, as long as the luggage height does not exceed 14" (so that it can be stored underneath the bunk beds), belongings can be packed in any type of luggage that is most convenient.

TARP: A light plastic cloth, approximately 6'x8', is used on the ground to keep sleeping bags warm and dry on Outpost and any other outside overnights. Drop cloths or plastic shower curtains are both acceptable.

SLEEPING BAGS: Kennolyn cabins have double-decker bunk beds with mattresses, but campers must bring sleeping bags and pillows. Bulky bags are very difficult for campers to roll and carry to Outpost, so a sleeping bag with a stuff sack works best. An extra blanket is good for rest period and on cold nights, and bottom sheets are highly recommended for comfort.

Pro tip: Pack in packing cubes to make sorting through your bag even easier!

WHAT TO BRING:



Everything on our Packing List! Please download the applicable packing list (1 or 2 week session) from [our website](#) or your online account.

WHAT NOT TO BRING:

- Candy, gum, soda or food of any kind
- Cell phones, smartphones, tablets, laptops, portable game systems. E-readers are OK as long as they're not loaded with games and videos. We recommend bound books!
- Anything that connects to the internet or cell phone network (i.e. Apple watches)
- Mini TVs, Portable DVD Players, Video Cameras, Radios
- Skateboards or Rollerblades
- Cash, expensive clothing, jewelry or anything else too valuable to have at camp
- Clothing dye or hair dye
- Inappropriate clothing (see dress code on previous page)
- Silly string, water balloons, water guns – don't worry, we provide all the fun you need!
- Pets of any kind (prohibited and would need to be collected by parents immediately)



It will be no surprise to anyone that the following items are prohibited and possession or use of items on this list will result in a camper's dismissal from camp:

- Lighters, fireworks or anything that generates smoke or fire!
- Firearms, tomahawks or dangerous weapons of any kind, Illegal drugs, marijuana, tobacco, e-cigarettes, alcohol, solvents/inhalants etc. (possession will result in immediate dismissal from camp). We know e-cigarettes have become prevalent among camp-aged children. We have a zero tolerance policy on smoking of any kind.
- Note about Pocket Knives: a small pocketknife (maximum 3 inches) is okay for Outpost, but it must be checked in with counselor on Opening Day.

ABOUT CAMERAS, SMARTPHONES AND IPODS

Cameras: Camp is a wonderful place to make memories, but a difficult place to keep track of expensive items, so please do not send expensive cameras. It's natural for campers to want to take photos, but we also want to respect everyone's sense of privacy. We ask that if you send a camera, it clearly be a camera (not a phone, ipod, etc) so people know when they are being photographed. Like many camps, we actually suggest disposables camera (yes you can still buy them and get the film developed.)

Phones: At camp we intentionally unplug. For this reason, campers are not allowed to have phones, The staff are also not allowed to have phones near the campers. If a camper comes to camp with a phone we will keep it in the office until the end of the session.

Ipod/MP3 Player: We do allow iPods / MP3 Players, but request that you remove all videos. Music and/or audio books only can be played in cabins (and only with earphones), but they may never be played on the grounds, at the pool, beach or on Outpost. We prefer to listen to the sounds of the woods and to each other! We retain absolute right to restrict camper access to any equipment or material they bring with them.

A story about (and our policy on) iPods and MP3 players by Andrew Townsend

When Sony introduced the Walkman cassette player, we thought it was a great device for camp. With headphones, campers could listen to music quietly while resting or falling asleep. I had one at camp in 1985, my first year on staff. I only had one cassette, "Smokey Robinson's Greatest Hits", so I fell asleep to "Tracks of My Tears" and "I Second That Emotion" every night. Our bedtime is pretty early for some campers, so a device that plays music through headphones seemed like a winner. Fast forward 35 years... and we have the issue of how we regulate music players that also play video, games, and can connect to the internet?

We are not technophobes or Luddites, but we continue to believe that kids very much need a period of time unplugged from the electronic world. We also have a duty to regulate what your camper watches and plays with while in our care. Tiny technology devices make this very difficult. Finally, almost every incident of significant lost items we have encountered in the past 5 years involves an iPod or similar device. Sometimes these are worth hundreds of dollars. So, we suggest you make a very small investment in a music only MP3 player and load it with music and/or audiobooks. There are many models on Amazon.com for less than \$20. Devices that have additional functions are subject to use limitations or confiscation at our sole discretion. Content on all devices is also subject to our evaluation for suitability. For our part, we will encourage campers to read at rest time and bed time, and engage in conversations about their exciting day.

Camp is the perfect place for children to realize they don't need video games, computers, televisions and other techno gadgets to have a great time!

CAMP COMMUNICATIONS

LETTERS HOME

Parents can expect a weekly email or postcard from their camper's counselor. If your camper is entering 1st-3rd grade, you can expect an update call from the counselor the first week. At the end of each session, the counselor will write a thoughtful letter to you regarding your camper's experience. This letter will be mailed after the camper has gone home. If you have concerns after receiving communications, please do not hesitate to email or call.

Campers are required to write letters home after each outpost. For younger campers, we suggest sending envelopes or postcards already stamped and addressed. Even older campers appreciate having stamps, stationary, etc., as buying them at camp depletes their spending accounts! Please use your home address as the return address, not Kennolyn's address.

PHONE CALLS

Unless there is an emergency, please do not call the camp office to speak to your camper or request that they call home. We strongly believe that contact with home can be very difficult for campers and should be managed carefully.

Parents may call the office with any questions about our policy, or with questions about your camper. We will be happy to check on your camper and provide an honest evaluation.

- Lindsey Caldwell Johnson (Camper Experience Coordinator): ext 440
- Andrew Townsend (Camps Director): ext 444



EMAIL AND ONLINE PHOTOS

Email: Campers will not have access to their own email accounts while at camp. You can, however, send one way emails to your camper via your Kennolyn Account. We will print these emails daily, and make sure they are delivered in a timely

fashion. There is an option to add a reply form. This will allow your camper to handwrite a response which will be scanned and emailed to you. We do the best we can, but it's impossible to guarantee your camper will use the form and respond.

Photos: We will do our very best to post photos on the **Kennolyn App** five days a week. Please download the App before camp starts! It can be downloaded from the [Apple](#) or [Google Play](#) store. This is a separate login to your online CampInTouch account. You can also use the desktop photo viewer linked [here](#). We try to cover all activities, but it is impossible to guarantee that all campers will appear in the photos. The service is a window through which you can see the overall camp experience, but we can't promise that your child will be standing in front of the window when you look through it!

MAIL

Campers truly enjoy receiving letters and postcards. While emails are instant and convenient, keep in mind that campers especially enjoy receiving handwritten letters that arrive by US Mail. We recommend sending some sort of correspondence to your camper at least twice weekly, but do be aware that too much mail can cause as many problems as no mail at all!



We find the first night at camp to be the most difficult for some campers, and others worry if their families made it home safely. We will distribute mail that evening, so please feel free to use the email system (before 5pm). Please keep these messages short, with a positive tone like: We made it home safely; You are going to have an amazing time at camp; We are so proud of you, etc. Please do not use this correspondence (or any other!) to share your own concerns about campers being away from home, as that can encourage worry and homesickness.

Packages

No care packages, please! Kennolyn has all the necessary equipment to ensure your camper has a wonderful camp experience, and packages detract from this. The goals of being away from regular routines, meeting new friends, being free to play and explore outdoors are not enhanced by packages that can create trash, take time away from regular camp activities, and cause jealousy in the cabin. What is important to the campers is that they hear from you. A hand written note or postcard conveys way more than any package.



We do accept flat envelopes up to 9x12 and up to 1/2 inch thick, containing letters, a book, or a magazine. Anything else will be kept in our Store, unopened, and you can collect it on Closing Day. We have campers with severe allergies so absolutely no food products of any kind are permitted.

Packages Containing Necessities: If there is something your camper must have (like a forgotten mouth retainer or eye glasses), please email camps@kennolyn.com to let us know and send your package with a note inside listing your name, camper's name and cabin assignment. Be sure to sign the delivery company's signature waiver form as we may not be available to sign for a package and cannot make a special trip into town.

CAMP COMMUNICATIONS OUTSIDE OF CAMP - VERY IMPORTANT!

CAMPER TO STAFF

One of the beauties of enhanced communication technologies is the ease with which people can stay in touch. However, there are concerns that must be included in any policy regarding contact between campers and staff outside of camp. We do not endorse or encourage staff to build personal relationships with campers (including CILTs, CITs, and JCs) outside of camp. Any effort to build such a relationship should:

- a) be instigated by the camper and not the staff member
- b) be done with the approval and supervision of the camper's parents

We vouch for our staff when they are in the controlled environment we create at camp, but cannot control their behavior outside of their period of employment with us. Please make sure you are aware of any contact or correspondence between your child and any member of our camp staff. If you want to discuss any concerns with us at any time, please contact Andrew Townsend.

We use our real names at camp. This means it is very easy for campers to find counselors on social media. We rely on parental supervision of each camper's social media activity to make sure online relationships meet our policy as detailed above.

CAMPER TO CAMPER

Collecting addresses and promising to stay in touch is one of the time-honored rituals of summer camp. However, with so much instant communication we have to be more careful about how our children use the contact information we collect. We will continue to encourage campers to share their contact information and we also encourage parents to be aware at all times of a child's internet use. We want you to be safe on the Internet. Here is the best advice we have found about how to educate your child to respond to inappropriate communications:

If you receive a threatening message (one that is mocking, uses vulgar or harassing language):

- Do not respond or retaliate, because it might encourage the sender or get you into trouble
- Print out a copy of the message, then close it but do not delete it
- If possible, save the message to your hard drive or a jump drive
- Tell your parents about it and have them decide what to do next. They may notify the police

or contact your Internet service provider

Parents: If you suspect that the sender of the messages is someone connected to Kennolyn, please contact us immediately.

CAMP LIFE

Cabins

Campers live in cabins with up to 9 other campers. Campers will arrange their sleeping space in a toe to head fashion to allow for distancing. Counselors do not live in the cabin but are able to supervise all inside cabin activities except sleeping. This is to ensure that campers and staff are not breathing the same air, indoors for long periods of time. At night, the counselors will supervise the bedtime routine including reading a night time story and staying until the campers are settled for the night. All cabins have windows that open and will be open for added ventilation. Air will be circulated by use of fans, air purifiers, and filters where needed. Electric audio monitors will be used in each cabin to ensure night time safety. We know that this presents a number of challenges. Staff will be trained specifically in how to monitor cabin dynamics. Additionally, cabins will be encouraged to spend as much down time as possible outside and not in their cabins. Counselors WILL be in the cabins to wake up campers, supervise any in cabin time, read a bedtime story, make sure all campers are settled and quiet. We tried this model in 2020 and it worked very well.

Cabins and Flocks

Based on guidance from California Health on child cohorts each cabin group will consist of 2 counselors and up to 14 campers. These groups are assigned according to their grade, gender, and age. Groups may contain 2-3 different grade levels, depending on enrollment. Each group will have

2 adult counselors that will remain with them for the entire session. This stable group provides a 5:1 camper to counselor ratio, which is supplemented by administration, activity specialists and a registered nurse or EMT to provide medical assistance when needed. In a two week session cabins will be assigned a larger 'Flock' later in the session, after a second COVID test has been administered. This is a group of up to 50. Campers may be familiar with our Hawks and Eagles divisions, this is a similar idea. When encountering adults outside their cabin, social distancing standards will be practiced.

Each cabin will have their own bathroom area and outpost site for recreation time. Counselors will carry hand sanitizer to be used if a hand washing station isn't convenient.

Meals-These protocols were developed during our overnight camps in 2020

- Before arriving for meals campers and staff must wash hands.
- Campers and staff should arrive with a water bottle. Cups will be available for juice and milk.

Cabin Group

- The people you live and eat with.
- Up to 14 campers and 2-3 counselors



Flock

- A larger pod for activities
- A combination of up to 4 cabin groups
- Flock names are: Hawks, Eagles and Sparrows

- Campers will sit with their cabin group in our outdoor eating area at designated tables. The Lodge may be open for indoor eating after the 2nd test in a session and only for cold/wet weather days.
- Cabins will mask up and wait at their tables to be excused for the food line.
- Campers and staff will go to the food line and receive plates and silverware from a member of the kitchen staff.
- All meals will be served from a buffet serving line. Kitchen staff and other assigned staff members, all wearing masks and gloves, will serve campers and staff the entree, sides, salad bar, and dessert options.
- Campers will be called up group by group for seconds. They will be asked to sanitize their hands and get a fresh plate.
- Campers will scrape their plates into compost and place dirty dishes in our sanitize/wash bins.
- If campers get up during the meal for any reason they should put on their mask.
- Some meals may be prepared and boxed up by kitchen staff and delivered to campers. This works best for breakfast.

Camp Vehicles

Campers will need to be transported to our Hilltop Hacienda for equestrian and High Ropes activities. If a camper is being transported in a vehicle the staff members and campers must all wear masks. Campers will be asked to sanitize their hands before entering the vehicle. Windows will be kept open throughout the duration of the ride. The trip is about 10 minutes of loading/driving time. Vehicles will be sanitized regularly throughout the day with UV sanitization on porous surfaces and disinfectant on hard surfaces.

Staff Time Off

As a part of normal camp procedures, employment law, and ACA Standards, staff members will take time off during camp sessions. However, in order to preserve the safety of our camp community during a session, we will require staff to spend this free time at camp so as to not have contact with people outside of our tested community. During time off, staff must continue to observe the “2 of 3” - Outdoors, Masked, and Distanced at all times as there may be occasions where staff members from different pods are on time off together. In between sessions, staff may be able to leave camp but will be subject to all COVID-19 protocols as well as local health orders on time off, whether in or out of camp. **Please note: As vaccinations spread and mask ordinances are relaxed, we reserve the right to amend this policy at any time. If this is a concern for you, please call us prior to your session to ask what the current staff policy will be during your session.**

A TYPICAL SESSION

Daily Schedule

7:15am	Wake-up bell
7:30am	1st Breakfast/Cabin clean-up
8:00am	2nd Breakfast/Cabin clean-up
8:35am	Flag Raising and Announcements
9:00am	Morning Activities Begin
12:00-2:00pm	1st Lunch/Rest
1:00-3:00pm	2nd Lunch/Rest
3:00-5:00pm	Afternoon Activities
5:00pm	Mail Call
5:20-6:05pm	1st Dinner/Family Hour
6:10pm	Retreat
6:15-7:00pm	2nd Dinner/Family Hour
7:15pm	Evening Activities
8:30pm	Call to quarters
8:45pm	Tattoo- campers should be in the cabin and getting ready for bed
9:00pm	Taps – Lights out

Our Weekly Schedule – Definitely subject to significant change for Summer 2021

One Week	Two Week
Sunday- Opening Day	Monday- Opening Day
Monday- Activity Day	Tuesday- Activity Day (A)
Tuesday- Activity Day	Wednesday- Activity Day (B)
Wednesday- Outpost	Thursday- Outpost (2 nd COVID Test)
Thursday- Thursday ThrillDay	Friday- Activity Day (A)
Friday- Activity Day	Saturday- Activity Day (B)
Saturday- Bye! We will miss you!	Sunday- Sunday Funday
Note: Stable cabin groups throughout the one week sessions.	Monday- Activity Day (A)
	Tuesday- Activity Day (B)
	Wednesday- Outpost
	Thursday- Thursday Thrillday
	Friday- Farewell Friday (modified activity day)
	Saturday- Bye Campers! We will miss you!
	NOTE: Stable cabin groups Mon-Thursday, expanded activity flocks after 2 nd COVID test.

Outpost

Outpost is a beloved and important Kennolyn tradition that began in 1946, our very first summer. Outpost occurs weekly for every camper. Camping overnight under the redwoods is a rare experience in today's fast-paced society, and memories of Outpost, cooking their own foil stew and being at one with nature are among the most cherished reminiscences campers take home with them.

In late afternoon, campers head to their campsites (a few hundred yards to a mile away depending on age group) carrying their sleeping bags, backpacks with essentials, mess kits, food and water for the next 24 hours. Under close supervision of counselors, they learn to gather wood, build fires and cook their own meals, sleep on the forest floor under the stars, explore the creek and hike through miles of beautiful terrain. You can watch a video all about outpost [here](#).

Evenings

We are not completely sure how evening activities will work in 2021 but here are some of our thoughts. Some traditional favorites, including Scavenger Hunt, Gold Rush, Counselor Dress-Up, Trivia Night and Dance & Movie Night may occur in the days after the 2nd COVID test as we expand the groups (flocks) to approx. 50 campers. Each flock will have a gathering space (used for morning gatherings as well as evening activities.) There will be campfire, of course, with each flock having time to gather for songs, skits etc. Campfire is a longstanding tradition that creates enduring and poignant memories for everyone. Evening activities will be modified to allow for social distancing while maintaining the group atmosphere that is so special at camp. In each 2 week session, we hope that after an incoming test, a 2nd test after 3-4 days at camp, and 10 days together to monitor the health of campers and staff, we can perhaps combine together for end of session activities on the last night of camp.

Bedtime is signaled by bugle calls. The first bugle plays at 8:30pm to notify cabins it is time to head back to the cabins. The 8:45pm bugle means that it's time to start getting into bed, and 9pm is "Lights Out" for most campers. During 2-week sessions, Senior Campers (8-9th graders) have a special evening activity from 8:30-9pm, and start heading to bed when their activity is over.

SPECIAL CONSIDERATIONS

Educating children (and we believe that camp is a vital part of a child's education!) takes the cooperation of us all. In our promotional materials and through this booklet, we explain our philosophies and policies, which have been developed over many years. If you have concerns, questions or comments about your camper's upcoming experience at Kennolyn, please feel free to contact us. You may also send a separate letter to our Director, Andrew Townsend, if you choose. The more we know, the better equipped we are to ensure a successful camp experience.

CABIN PLACEMENT

Adjusting to cabin group living is an important part of camp life. Camp is for making new friends and taking a step toward independence, so attending camp with a particular friend is not necessary, and not always a good idea. We do recognize, however, that some campers want to be placed in a cabin group with a friend from home. Here are a few reminders about cabin requests:

Please note a few important reminders about cabin mate requests:

- The majority of campers do not make special cabin requests. There is no need to worry if your camper is coming alone, as camp is the best and easiest place to make new friends.
- Cabin mates should be entering the same grade. If they are in different grades, the older camper will be placed with the younger grade.
- Cabin mate requests must be mutual, that is both (or all) families must request the same cabin assignment. In other words, if Jimmy wants to be placed in a cabin with Johnny, both families must make the same request.
- Due to the sheer volume of campers, it is almost impossible for us to follow up with every cabin request so we can only go by what is in the system. If a cabin request is made by one camper and not the other, we assume it is not the choice of both families.
- We prefer to place only two friends together, but will accommodate a maximum of three (so as not to leave anyone out.) We cannot place more than three friends together, however, as a group of four or more friends in a cabin that holds 6-8 makes for a less cohesive group.
- In the unlikely event we are unable to grant a request that meets all of these requirements, we will let you know personally to discuss options.

All requests for special cabin placement must be made through your [online account](#), on the Cabin Mate Request form, which can be found under "Forms and Downloads." We must receive your request by JUNE 1st!

As always, we will do our very best to accommodate friend requests. The unique nature of our program in 2021 will make cabin placements much different than other years. If your camper would like to be with a friend please put that in the 'Group Request' form. We know that you may want your campers to be with friends or family members in their 'Flock.' Please indicate this on your 'Group Request' form as well. There may be a circumstance where we have to ask you to make a decision between cabin placement with a friend and an activity preference. Because of the restrictions in place

this year, we will have to try and group together campers with like interests in order to meet activity preferences. So, if you have a cabin request to be with a camper with very different activity elective preferences, we may need to ask you to choose. We hope this will be a rare situation but we want to alert you to the possibility.

We welcome all children to Kennolyn and work closely with families to make sure that all campers can have a successful experience regardless of their background. Campers are assigned to cabins based on the gender they have declared in our registration system. When a camper identifies with a gender other than the one they were assigned at birth, we will work with the camper's family to ensure a smooth and successful experience. We reserve the right to share limited information regarding cabin placements with other families but we do not automatically do so. Everything is decided on a case by case basis with the camper's family. Anyone who has any concerns about cabin placements should contact us for a more in depth conversation.

CAMPER BEHAVIOR GUIDELINES

This is summer camp. We want it to be a relaxed and pleasant place for kids to explore and learn. For that reason, we try not to have a ton of rules posted everywhere and we take a "we can work this out" approach when we address behavior that is not acceptable. Campers in each cabin group actually work with the counselor to make a cabin agreement that helps define standards of behavior that are in everyone's best interest.

Having said that, we have to have some basic guidelines for behavior that we all agree to. The kids know this as being K-rated. Here are the behavior expectations for all campers. **We kindly ask that you go over this with your camper before they arrive at Kennolyn.**

- We treat everyone with kindness first
- Nobody has the right to spoil another person's fun at camp.
- Campers are expected to contribute to a safe environment, using respectful language and appropriate physical behavior. Disputes do arise, but they should be reported to a counselor so that they can help you come up with a solution
- We follow the directions of counselors and staff
- Share your opinions when a cabin agreement is made so that things that are important to you are included
- Basic politeness like please and thank you still mean a lot and are encouraged
- If you mention self-harm, we will believe you and help you even if you later tell us didn't really mean it. Do not joke about this stuff, ever.
- Campers should be in good mental, emotional, and social health and be able to function in a group setting in a positive and cooperative manner that displays tolerance and respect for self and others.
- Campers must be able and willing to follow all instructions and refrain from behaviors that pose a risk to self or others.
- If you are violent in words, actions, or attitude toward another person there will be consequences up to the possibility of dismissal from camp.
- Don't sneak stuff. If you have a phone, hand it in.

Kennolyn recognizes the possibility that some campers will arrive at camp in 2021 having endured over a year of lock down, remote learning, and lack of social contact. This pandemic has had significant impact on the overall mental health of children and we will provide the very best care we can with this in mind. While this does not change our behavior expectations, we will approach each situation with compassion and understanding for the unique circumstances our youth have encountered over the past year. This is another reason we have limited our enrollment for 2021 to make sure we have the resources that each child might need.

BIRTHDAYS

Birthdays at Kennolyn are very special! We present a cake and a special shirt to the birthday camper, and the entire camp joins in the celebration. Parents of birthday campers often request a Popsicle Treat for everyone at camp, and the birthday boy or girl hands out popsicles in the afternoon (socially distanced of course.) Kennolyn is happy to arrange this order if you like (a \$30 charge will be added to your account). To plan a Popsicle Treat, please contact the office.

VISITING DAYS

We will not be able to welcome parents and family members on site beyond the parking lot this summer. Please plan to say your “see you later!” in/near the car. We so wish we were able to welcome you on site but safety is our number one priority. We will work hard to give you a glimpse into camp life with emails and photos!

ADMINISTRATIVE POLICIES

Deposit & Refund Policy

2021 is a unique season for so many reasons and requires significant changes to our standard policies. Please note the following:

After March 1st, we will only offer rollovers to next Summer, no refunds. **It is strongly encouraged that you consider travel and/or trip interruption insurance if a future credit is not an adequate accommodation.** If we receive a cancellation request from you between March 1st and May 1st, we will provide a 100% credit toward next Summer. If we receive a cancellation request after May 1st, there will be no refund or credit, except in the following circumstance:

- If a camper or member of their household tests positive for COVID in the two weeks leading up to their session, that camper should not attend camp and a 50% credit towards a future Summer will be issued.
- If a camper tests positive for COVID-19 during one of our onsite tests, they will be quarantined immediately, and their parents will be notified to collect their camper. A 50% credit of the lost days at camp will be issued.
- If a camper exhibits COVID-like symptoms in the days leading up to the session starting, you and/or your doctor may decide it is unwise to attend camp. In this case, a 50% credit to a future summer will be issued. Our policy does not preclude attendance at camp in these circumstances because of the testing protocols in place.
- If a camper exhibits COVID symptoms at camp, that camper will be quarantined, tested, and likely returned to parental care subject to an evaluation by our medical team. In the event a camper does go home in this scenario, a 50% credit of the lost days at camp will be issued.
- If another child or a staff member in your camper's cabin group (or flock, if we have already broken into the larger pods) tests positive for COVID, the positive person will be quarantined from the group and returned to parental care (or helped with transport home in the case of a staff member) as soon as possible. You will be notified if such a circumstance occurs. The group will be restricted to activities with their own group and monitored here at Kennolyn (this is consistent with current CDC/Health Department recommendations, which are subject to change.) You would not have to collect your camper at this time. However, if you should choose to collect your camper in this circumstance, a 50% credit of the lost days at camp will be issued. Our county public health department would be contacted in these circumstances and might impose additional restrictions.

If there is a more significant COVID outbreak across numerous groups or if we are forced to close or restrict activities by any government entity, our Force Majeure clause will come in to effect. The following language was included in your 2021 Terms and Conditions:

Kennolyn reserves the right to cancel, alter or reduce a program, before or after its start date because of any cause or circumstance that is beyond Kennolyn's reasonable control, including, without limitation, an Act of God, fire, road closures, power outage, civil unrest, labor strike, labor shortage, materials shortage, weather or climate conditions, environmental concerns, war, terrorism, pandemic, health concerns, virus outbreak, or government-mandated closure (each a “force majeure” event). Force majeure events can be unexpected and unforeseeable and may compromise the health or well-being of campers or otherwise prevent Kennolyn's full performance as originally contemplated. If, as a result of a force majeure event, Kennolyn determines, in its sole discretion, to cancel a program, alter a program or cut a program short, Kennolyn may do so, in which case the cancellation policy shall not apply and no refunds will be granted unless otherwise determined by Kennolyn in its sole discretion. In the case of a force majeure event, I agree that Kennolyn will not be in breach of these Terms and Conditions, and will not be liable for any losses, costs or damages to me or my family. Without limiting the foregoing, if Kennolyn alters or cancels a program before or after its start date, for any reason (whether due to a force majeure event or otherwise), Kennolyn is not responsible for indirect, incidental, consequential or punitive damages, costs or fees I may incur, such as procuring alternate services, making other arrangements, travel costs or change fees, or costs incurred in connection with equipment purchased for the program.

If you have any questions or need further clarification, please contact our office. We are looking forward to having a successful summer in 2021 and appreciate your continued dedication to the camp experience.

In addition to the above special circumstances it is also important to know that in every program offered by Kennolyn, no refunds will be issued if:

Your camper is dismissed from camp. We reserve the right to ensure the safety and wellbeing of all campers and to dismiss a camper, without refund, for misconduct or unsociable behavior, as determined by the Directors.

You choose to withdraw a camper for any reason before they have completed the entire session in which they were enrolled.

You do not submit a complete state required health form by the required due date.

Changing Sessions

NO CHANGE FEES! You can change sessions as often as you need to as long as we have space available.

Tuition Refund Insurance

Kennolyn offers tuition refund insurance through Travmark offered within our application.

Store Account

We add money for the store in your camper's account during registration, and we'll contact you should your camper try to spend over the limit. We do not sell candy or snacks, however we do stock small items like postcards, stamps, toothpaste, playing cards etc.

You can request a refund of any remaining store account balance (until September). Many families choose to donate balances to the Max and Marion Caldwell Foundation, which provides scholarships to children otherwise unable to share in the summer camp experience. In fact, this option has become so popular that it is now our default way of handling unclaimed store funds. However, please let us know if you would prefer a refund and we will gladly take care of this.

HEALTH PROCEDURES

HEALTH CARE & MEDICATION

For the continued safety of each camper, new and up-to-date Health History and Physicians Examination Forms are required every year. We know that this can be an inconvenience, however your camper will be under our care for an extended amount of time and we want everyone to be happy and healthy! From your online account, you can fill out the Health History Form in its entirety. Next, download the Physician's Examination Form, have your doctor complete and sign it, then fax it back to the number on the form or upload it directly into your Kennolyn account. We also need the Immunization schedule (as a pdf) uploaded.

We are legally required to have a complete Health History Form and Physician's Examination Form for each Santa Cruz Mountains Overnight Camper. We must receive this completed form TWO WEEKS PRIOR to Opening Day.

Two nurses are on duty 24/7 during camp. Our nursing procedures are well established and are updated and maintained by our Health Coordinator. A local doctor, who approves our policies, is on-call all summer. Our nurses are on hand Opening Day to meet parents and campers.

Prescription medication should be dropped off with the nurses and must be accompanied by written directions from a licensed physician. These may be directions on the **original prescription label**, a note on the Health Form or a doctor's letter. Please have your medication readily accessible in your car on opening day so it can be checked in with the nurse, do not pack it deep within your luggage. **New for 2021!** Families may choose to take advantage of optional pre-packaged medications from [PillPak](#) or [CVS](#). This helps our nurses easily administer camper medications. These packs must be pre-ordered and brought to camp with your child. Please remember: we cannot accept medications in weekly pill containers that you put together at home. They must be done by a pharmacist and come with **original prescription labels**.

Our modern, well-equipped Health Center offers a bright and cheerful retreat, where our nurses can take care of the most common camp ailments, including minor cuts and bruises, fatigue, coughs and colds, etc. Sometimes, the only necessary medicine is a place to sit quietly for a few minutes or a hug from a caring nurse. In such cases, we will not automatically contact you, unless we feel there is a specific need to do so.

To treat more severe problems, we have arrangements with numerous local health providers in all major specialties, as well as the local hospital. Our nurses will contact you if your camper requires an outside medical professional, in most

cases to seek your approval and input before an outside visit takes place. In cases of a real emergency, we will attempt to contact you first, but will use our best judgment with regard to seeking treatment. We will continue efforts to contact you regarding all steps taken to treat your camper. Beyond this circumstance, our nurses will use their professional judgment in communicating with parents. Our safety record is excellent, and we have had very few injuries requiring this kind of care.

HEALTH INSURANCE

We need to collect your complete health insurance information on the Health Form. Your insurance is the primary coverage used if any camper needs medical care outside of camp.

COVID-19 CONSIDERATIONS

There are a number of ways we can work together to make camp a successful experience for your family this summer. Our plan revolves around the following factors:

• Being Outdoors • Masking when necessary • Cohorting • Distancing • Quarantining • Testing • Sanitizing • Educating

This is a community commitment we are all making to the greater public health this summer.

The most important philosophy that we have adopted to mitigate the potential spread of COVID-19 at camp is to be two of three: Outside, Masked & Distanced. For any cross-pod interactions, campers and staff should aim to observe at least two of the three following rules: wear a mask, be outdoors, be socially distanced (at least 6 feet apart). There will be moments when doing all three is not possible -- but in that event, it is critically important that the other two options are observed.

The CDC has created a video to brief campers on health suggestions while at camp. You can view this with you camper [here](#).

Camp Health Protocols

At this time, no camp provider, including Kennolyn, can guarantee that you child will not contract or be exposed to COVID-19. If you chose to send your child to camp, you are doing so with the understanding that there is potential risk of exposure.

We believe that summer camp can be run effectively during the COVID-19 outbreak. It will take a combined effort from camp administrators, medical staff, support staff, counselors, parents and campers to ensure the health and safety of all participants is protected.

Participation Guidelines

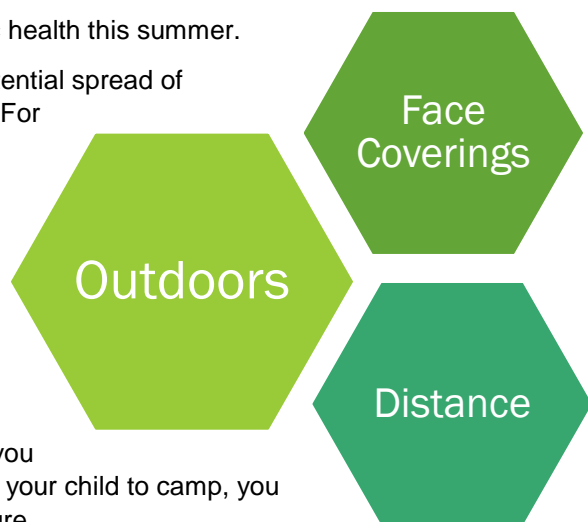
Campers and staff who are immunosuppressed (as defined by their medical professional) or live in a home with an immunosuppressed person should not consider participation in camp during these extraordinary circumstances. Participation in a camp program during this pandemic has too high a risk factor. If you have any concerns about this policy, please contact us to set up a time to talk with our medical team.

We also ask that all parents consider the following question when deciding to enroll their child:

“Can my child reliably follow verbal directions from staff that enforce social distancing at camp.” In other words, can your child follow simple verbal directions, given in English. Accommodations can be provided as needed, and requests for such accommodation need to be made known to camp staff at least 7 days before the camp session.

Before Camp

In order to mitigate the risk of COVID-19 being brought into camp, we will ask all campers and staff to take additional safety measures in the two weeks prior to their arrival. We may change these procedures at any time as we continue to review the latest data and guidance from public health officials. This information will be available 1 month prior to your session.



During the two weeks prior to camp, we ask other household members to take appropriate social distancing & preventative measures including but not limited to:

- Wearing a mask
- Staying 6 feet away from other people
- Utilizing curbside store/restaurant services only
- Washing hands with soap and water frequently
- Limiting non-essential travel
- Socially isolating from gatherings outside your immediate household. School is an exception to this rule.

Pre-Arrival Screening

A form is NOW available in your account to simply upload your child's vaccination card. Immediately prior to your camper's scheduled arrival, a health screening form will become available in your online Kennolyn account, under the Forms and Documents tab. (Available at 9am on Thursday prior to your session Opening Day.) This form **MUST** be completed for camp attendance and submitted by noon the day prior to arrival. No exceptions. The form will ask you about behaviors and symptoms of anyone in your household for the 2 weeks prior to arrival. Reminders will be sent by email and phone calls made where necessary. The completed forms will be reviewed on prior to arrival. Assuming your camper is eligible for attendance based on the answers to this form, camp families will receive a notification email with the name of their child's stable camp group. Campers who are not eligible based on the results of their medical questions will receive a notification to stay home.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19 and should not attend camp:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

You do not need to be diagnosed by a medical professional to make the smart decision to stay home if your child has any of these symptoms.

Intake Screening and Assessment

Upon arrival at Kennolyn you will be greeted by a staff member who will approach your car and ask your camper a few routine questions. Please advise your camper in advance that this person will be in PPE and it may seem like you just drove them to a Doctor's office! This is just a reasonable precaution. This staff member will check that all the paperwork including the Pre-Arrival form have been completed and are on file. Having verified this information, your child's temperature will be taken. Temperature of each participant must not be higher than 38°C/100.4°F. By strict County Health Department protocols your camper will be excluded from camp if we record a temp above these limits. Once this initial screening is completed, your camper will move on to COVID testing.

Covid Testing

Vaccinated Campers

All campers who meet the vaccination definition above must provide results of a negative PCR SARS-CoV-2 test **taken on the Thursday prior (within 72 hours) to the start of the session.** We encourage families use the online at home service that we will recommend. In this way we can guarantee results in time. We **will** send out an alert when the website to order this at home test is live. If you choose to go to a different testing provider, you are solely responsible for making sure the test results are available in time. This is the **only** test required for fully vaccinated campers. You will pay for this test separately. The **PCR SARS-CoV-2 test is the only test that will be accepted.** No person can be admitted to camp without this negative test result regardless of vaccination status.

- Once your camper is vaccinated you will have an opportunity to upload their vaccination card into your [Kennolyn account](#) in 'forms and documents' and add it to their health history.
- **Masks** - We will follow whatever masking guidelines are in place at the time of camp. We will not be able to have different masking policies for vaccinated campers so we hope that the requirements will be easy to follow and will take account of the fact that almost our entire day is spent outdoors. While we reserve the right to alter the protocols at any time and adjust how vaccinated and unvaccinated campers are managed, we do not expect to make any changes, at least in the early sessions. So, the best thing is to plan on masking as we have previously described and be assured that we plan to relax these rules as much as possible once the guidelines are clear.
- **Pre arrival isolation** - The CDC recommends that campers follow the [guidance for travelers protocols](#) prior to camp. For vaccinated individuals this essentially means stay away from large crowds and wear a mask when travelling on planes, buses, trains and other forms of public transport.

Unvaccinated Campers

Testing

- All campers must provide results of a negative PCR SARS-CoV-2 test **taken on the Thursday prior (within 72 hours) to the start of the session.** We encourage families to use the online at home service that we will recommend. In this way we can guarantee results in time. If you chose to go to a different testing provider, you are solely responsible for making sure the test results are available in time. You will pay for this test separately. **The PCR SARS-CoV-2 test is the only test that will be accepted.** No person can be admitted to camp without this negative test result.
- Campers will again be tested upon arrival on Opening Day using a Rapid Antigen test. Families will be assigned a specific time to arrive in order to minimize waiting. Session 1 campers will receive your June 13 arrival time on May 21. **Arrival times will probably be between 11am-2:30pm.** This test for unvaccinated campers will be covered by the Kennolyn testing fee. Vaccinated campers will arrive later in the day with no testing required.
- **TWO WEEK SESSION ONLY** (Sessions 3, 4, and 5 including CILTS, CITS, and JCs.) Campers will be tested again on Thursday, 72 hours after arrival. It is this cumulative testing protocol, done out of an abundance of caution, that will allow us to relax certain protocols and allow campers a wider range of activities with a wider range of friends. This test for unvaccinated campers will be covered by the Kennolyn testing fee.
- We know that things are improving, and these protocols may seem strict. Out of an abundance of caution, we must continue down the very controlled path we have been planning. One way or another, we will be responsible for hundreds of unvaccinated children this summer who will be living together, and testing is a big part of how we can make this work.
- **Cost of testing:** we are still negotiating with our vendor! We had announced earlier that the fee would be \$225. Now we think the one week testing fee will be around \$100 and the two-week testing fee should be less than \$200. This is **IN ADDITION** to the pre arrival PCR test that you will pay for separately. Your camp testing fees will be charged to your credit card on file.

Regular Screening and Assessment

Participants and staff will have their temperatures checked each day. This will be done by our camp directors or nurse. Anyone recording a temp of higher than 38°C/100.4°F will have a temp retaken after 1 hour. If the high temp persists and is still higher than 39°C/100.4°F, parents will be called and campers may need to go home. We have a nurse on site and doctors on call. Health Center staff is available for emergencies that happen during camp.

Response to Probable Cases

Should a camper or staff member begin to exhibit COVID-19 symptoms, they will be immediately isolated and quarantined.

Parents will be contacted and we will begin the process of testing the camper. If the test is positive for COVID-19, the following steps will be taken:

- The COVID-19 positive camper's parent/guardian or staff member's emergency contact will be notified immediately and be asked to pick up their camper.
- Campers and staff members in the COVID-19 patient's cabin will be COVID-19 tested and separated from other members of the community while awaiting results. The CDC's recommends quarantining for a minimum of 7 days after exposure to someone with COVID 19. A test can be done no earlier than 5 days after exposure. We will evaluate our policy closer to summer and inform you 30 days prior to your session.
- Parents/guardians/emergency contacts of the other campers and staff in the COVID-19 positive cabin will be informed immediately that someone in their cabin has tested positive. At that point, each family can decide whether they would like to pick up their camper out of an abundance of caution. Refer to our refund policy above for the financial implications in this case.
- Contact tracing of anyone the COVID-19 patient came in contact with during the previous 48 hours will begin immediately.
- Contact traced campers or staff will be monitored closely by the Health Center staff.
- COVID-19 tests will be administered as needed.
- Should our Health Center staff determine that further care is needed for anyone exhibiting COVID-19 symptoms, such as difficulty breathing, we will transport the affected camper or staff member to a local hospital for further treatment.

Protective Face Coverings – we know that masking ordinances are easing and we are as excited as everyone else about this positive development. We are required to follow the State of California guidance for summer camps and our own local health department guidance for camps regardless of the CDC current advice. The State has said that masks will be worn at camps where any number of unvaccinated campers are present.

All campers are asked to bring a mask or protective face covering. Please send multiple options that your camper has practiced wearing at home. Camp will have extra surgical masks for campers who lose masks or do not bring appropriate options. These be worn at specific moments in the day when social distancing is not possible. For example, if a camper needs to visit our health staff, or has a behavioral issue that requires administrator intervention. Masks will be worn as often as possible during the first 24 hours of camp until test results arrive. After that, it is important to note that within the stable groups, face masks are not required and therefore the risk of infection is higher within the group.

Masks will NOT be required when:

- Campers and/or staff are located inside their own cabins.
- Campers and/or staff are outdoors and more than 10 feet apart from members of other pods.
- Campers and/or staff are seated at their dining table and eating.
- Campers and/or staff are taking showers.
- Campers and/or staff are at the pool.

SPECIAL NOTES ABOUT COMMON HEALTH CONCERNS

It is important for parents to know when a child is too sick to attend camp. COVID-19 like symptoms are not the only illness that would cause a camper to stay home from camp.

A child who is sick will not be able to function well/safely at camp and is likely to spread the illness to other children and staff. Your child should not be sent to camp hoping that they will feel better after arriving. The following are CDC guidelines for keeping children at home

Your child should be kept home following a nighttime bout of nausea, vomiting, or diarrhea and watched for further symptoms for at least 24 hours after the last bout.

Your child should remain home if they have had a temperature of 100.4 degrees or higher. A child should have a normal temperature for 24 hours without fever reducing medicines before arriving at camp.

Whooping Cough: exclude from camp until 5 days from start of appropriate antimicrobial treatment.

Pink Eye: 24 hours after initiation of antibiotic treatment.

Strep Throat: 24 hours after initiation of antibiotic treatment and no fever for 24 hours without fever reducing medicines.

Chicken Pox: Six days from the outbreak of the last crop of blisters with all pox marks dried.

Unexplained rashes (in particular if your child has other symptoms like cough, runny nose, sore throat, and/or fever)

Impetigo, scabies or ringworm: Until judged non-infectious by the physician or 24 hours after initiation of treatment.

Allergies: We are aware of an increasing number of serious allergies that children face today, and are particularly familiar with nut and dairy allergies. We are not a nut free facility. We have successfully handled severely allergic campers in the past, and are happy to work out a plan with you to minimize the risks for your camper. Please note, however, that this is a community experience and there are some limitations on what we can do to minimize exposure. Please feel free to contact us and we will be honest with you about our ability to accommodate your needs.

Lice: All campers are checked for lice by our staff on arrival. It's no big deal, we have done it for years and nobody should feel uncomfortable. If we do find evidence of lice on a camper, you will be asked to do 2 things before you can enter camp and get settled. 1) Contact a local lice removal company (Nitless Noggins) and arrange to have your camper treated immediately and 2) Take everything your camper had packed for camp and run it through 20 minutes of high heat in a commercial drying machine. This is the absolute quickest way to get your camper back to camp and in his/her cabin. You can choose to go home and treat your camper yourself but in that scenario it is likely to take longer (at least until the next day) before our nurses could recheck and approve your entry to camp.

Regrettably, head lice have become a widespread problem at schools, day care centers, public facilities, and camps around the country. We take every precaution at Kennolyn, especially where helmets are in use, to minimize the risk of exposure, but it does happen. It has NOTHING to do with general cleanliness or living conditions. It has everything to do with sharing helmets, hats, brushes, pillows, etc. Sharing is an important part of the camp experience, so we educate campers about what to share (time together, laughter, experiences, chores, etc.) and what not to share (hats, brushes, pillows, etc.). Activity equipment like masks and helmets must be shared, so we are careful to spray and clean these important safety items as often as is practical. Since there are no lice here when the first children arrive each summer, lice can only be carried in by unsuspecting campers. The best way to prevent lice at camp, therefore, is to ask you to check every camper before heading to Kennolyn, and to stay home if you see evidence of lice. We also check campers for lice during their stays with us, and if we do find a case, we will work diligently to prevent it from spreading. Our nurses will make the decision, in consultation with a camper's parents, as to whether treatment will take place here or at home. We recommend the Centers for Disease Control as a source for further information. <http://www.cdc.gov/parasites/lice/head/>

Lyme Disease: Lyme disease is carried by Western Black Legged Ticks, which have been found in Santa Cruz County. Again, our first approach is prevention. You will notice, for example, that the recommended long sleeved outpost shirt on our packing list is Ash Grey instead of Kennolyn Green. This is so we can see any dark ticks (and other insects) against the light grey of the shirt. We do our best to make sure campers wear long pants and long sleeves when we are out on the

trails and around the trees. We also stay on the trails to avoid unnecessary exposure to long grasses known to harbor ticks. Counselors are trained and campers advised to look for ticks on the body, and the nurses are immediately notified if a tick is found. *

*Please pack Bug Repellent with a DEET content of 10-30% in line with recommendations from the Centers for Disease Control.

Measles (and other communicable diseases): If there is an outbreak of a communicable disease for which there is a widely accepted vaccine, your child will need to leave camp IF WE CANNOT VERIFY THAT THEY HAVE THE REQUIRED IMMUNIZATION. In other words, if you do not or cannot have your child vaccinated or if you have not sent us your child's immunization records, we will call you if we have any outbreak and you will need to pick up your camper immediately from camp. These are basic public health and safety procedures. Make sure you take time to enter your camper's immunization history in the Health History located in your Kennolyn Account.

Mental Health: Our goal is to provide a space at camp where kids can thrive, de-stress and gain independence. Many campers who struggle with mental health concerns and do incredibly well at camp. However, it is important to know that while our staff are incredible young people, but they are not social workers. When campers are struggling with mental health concerns we do our best to handle the situations with compassion and often involve our camp nurses and directors to come up with a plan. We often involve parents in these conversations. Please note that if a camper threatens to harm themselves or others at any time while at camp they must be picked up immediately.

If you anticipate that your camper may struggle with their mental health while at camp please let us know in the medical form on your CampMinder account. This form is required for all campers. Our hope is to provide campers the chance to succeed at camp, your partnership in this is the best way to ensure success.

Poison Oak: There is Poison Oak in these beautiful Santa Cruz Mountains. We make an effort to keep the main hiking trails clear of Poison Oak, and we also make sure that campers shower and change their clothing after hiking in the woods. With proper precautions and immediate attention, we have had very little trouble. Please do inform us if your camper is unusually susceptible, and please be sure to send the long-sleeved, lightweight, light-colored cotton t-shirt listed on the packing list, which is especially important for Outpost Day.

West Nile Virus: West Nile has been detected in dead birds in Santa Cruz County. We monitor county, state, and federal resources on West Nile and follow [strict guidelines to "fight the bite"](#). We educate our staff and campers to reduce exposure to mosquito bites, and our Nurses monitor our campers' health throughout the session.

If your child becomes ill while in our care, you may be called to come and take him/her home from camp. **IT IS A CONDITION OF ENROLLMENT THAT YOU OR A RESPONSIBLE ALTERNATIVE ADULT ARE ON CALL THROUGHOUT YOUR CHILD'S TIME AT CAMP.** In the current health environment, we may not be able to keep an ill child for an entire day, nor is it safe to other campers and staff. Please call the Office and request to talk with the nurse on duty if you have any questions or concerns. Thank you for understanding and helping us keep all campers healthy.

ACTIVITY DESCRIPTIONS

Campers will participate in 'Core' camp activities as a cabin group. In a two week session campers will have the opportunity to sign up for 2 Electives. These will be offered in 2 hour blocks, twice each session. Electives will give campers the chance to interact with kids within their 'Flock' and try new activities they want to specialize in.

Activities available to campers of all ages:

Animal Care

Here at Kennolyn, we have many farm animals, including chickens, goats, donkeys, potbelly pigs, horses and more! Campers learn how to handle the animals and gain an understanding of responsible pet care.

Archery and Riflery

Safety and knowledge are of the utmost importance in this program. Our program starts with rifle and bow safety and moves through various stages of marksmanship. Campers of all ages learn to fine-tune their motor skills and increase their powers of concentration in these activities.

Arts and Crafts

A variety of projects are offered to each color group including, painting, drawing, paper craft, sculpture, construction and much more! Projects encourage exploration of a variety of art mediums and individual creativity.

Ball Sports

Campers enjoy shooting hoops in basketball, making a slap shot in hockey, or playing tennis, badminton or pickle ball. Shuffleboard is also a favorite in the area. In addition to traditional games, loads of fun making up our own creative camp games.

Axe Throwing

Learn the surprisingly subtle art of axe target throwing. Under careful supervision, campers will learn to throw hatchets at special targets. After getting the throwing style just right, campers will learn different techniques to improve accuracy and hit that center target.

Field Sports

Our turf field offers volleyball, soccer, Happy Shiny Funball, frisbee, kick ball, whiffle ball and more.

Monkey Palace

Probably just about the most awesome rope, net, bridge, and platform play area ever built in the redwoods. Campers can climb, relax, and use their unlimited imaginations to make the different areas into whatever they can dream up. Maybe it's a pirate ship today and a spaceship tomorrow. Who knows? To get a better idea of what this looks like check out our [virtual tour](#).

Outdoor Adventure

Our redwood forest provides a wonderful environment for camper to learn more about nature. Outdoor Adventure takes place in various areas of camp and includes activities like gardening, outdoor cooking, hiking, animal tracking, fossil collection and more! Learning to appreciate and care for the natural world is such an important part of camp!

Outdoor Cooking

In Outdoor Cooking, campers receive important lessons in outdoor cooking safety, learn to gather wood, build a campfire, and prepare and cook delicious meals in the great outdoors.

Swimming

Swimming is a Camp favorite! Color groups will have the whole pool to themselves to float, see who can make the biggest splash or play fun water games. Certified lifeguards are on duty to ensure campers are safe and will practice social distancing unless an emergency arises. Counselors will be in the pool and available for help if needed. Campers start each session with a safety swim so the lifeguards can assess their skill level and see where they can swim in the pool safely. Campers who are assessed as non-swimmers will wear a wrist band to indicate to our lifeguards that they may need additional assistance. Campers can opt out of the safety swim and will automatically receive a wristband.

Trapeze

We are delighted to reopen Trapeze for 2021! This activity is a combination of physical agility, courage, and artistic expression. All one week campers will get to try this activity and two week campers will have the opportunity to choose as an elective (see below.)

Vaulting

Gymnastics on horseback. A trained horse on a lunge line moves in a circle. Campers learn to approach the moving horse, mount, perform some basic positions, and dismount.

Electives (2 week sessions only!)

Electives are our way of offering limited choice in a stable camp environment. Campers will choose one elective before camp and the other after they arrive. Each elective will happen 2 times per session in blocks of 2 hours each.

Equestrian

Campers will participate in a riding and vaulting lesson as part of their elective time. Campers will also learn the basics of horse care and how to behave around our beautiful animals. This program is not for advanced riders. For campers who want extra horse time, check out our riding specialty!

Ropes Course

Campers head for the tree tops to try challenges like the High Y, Flying Squirrel, Team Beam, Balance Log, Pamper Pole, Incomplete Bridge, Islands in the Sky, and a camper favorite: the Zip Line.

Ceramic Arts

This elective combines hand built and wheel pottery techniques so campers can create beautiful works of art/ Projects are fun, creative and provide campers with a great sense of achievement! Participants will learn to work with clay using real potter's tools and techniques.

Sports including Fencing

Campers in the sports elective will participate in a number of sports activities primarily focusing on the ancient sport of Fencing. When time allows campers will play other sports including rugby, soccer, Frisbee and basketball!

Performing Arts (Drama, Dance, Singing)

Campers will find their inner thespian in an accepting environment. They will work on their improv skills and get a chance to perform a play in front of the whole camp! Our experienced drama and dance staff will help campers find their voice!

Trapeze

We are delighted to reopen Trapeze for 2021! This activity is a combination of physical agility, courage, and artistic expression. Learning first to swing and use momentum, the campers will move on to hanging from the bar using their knees and finally to being caught by an experienced instructor. All before falling gently to the safety net below.

ACTIVITY EQUIPMENT

Kennolyn provides most of the necessary equipment for the activities we offer (please refer to the Equestrian and Waterfront activity description for equipment required for those activities). Campers electing to bring their own sports equipment must label everything with their names, and understand we cannot be held responsible for it. **NO outside Riflery** equipment is allowed at camp.

So that's it. All the information we think you'll need to get ready for Kennolyn. You can always call us, email, or check out our website if there is a question where you can't find the answer.

Here's the most important message:

We are here to help you and to make your child's camp experience as positive as possible. Everything we do is geared toward this goal. So please, don't hesitate, let us know what we can do to help. See you soon!



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