

# Welcome to Kennolyn's Day Camp!

Below you will find some information regarding the program that we offer at Kennolyn. We hope that it will answer some of the questions that you might have regarding Day Camp.

## A little bit about Kennolyn:

Kennolyn has been family owned and operated since 1946 on 300 acres of redwoods overlooking Monterey Bay. Like all Kennolyn Camps, Day Camp is a traditional, structured camp program designed to foster emotional, social and physical growth in each camper. The program, for Preschool- 8<sup>th</sup> grades, offers over 40 hours a week of fun-filled camp with a variety of group activities and exciting elective activities.

## Program Goals

Kennolyn Camp is dedicated to making a difference in campers' lives. We at Kennolyn feel that one way we can make a difference is by offering a wide variety of activities for the campers to participate in. Through these activities Kennolyn aims to help campers:

- Learn about yourself
- Learn to love (or at least tolerate) nature and being outdoors
- Learn how to make the most of your free time without using technology
- Kennolyn is a safe place to be curious and explore new things
- Be healthy, stay active
- Notice, respect, and enjoy the differences among people. Practice intentional kindness
- Activities and counselors will help you feel like you can do something well
- Learn how to make new friends and get along with others
- Be independent

## Getting to and from Camp:

Bus transportation is free and provided from Campbell, Los Gatos, Santa Cruz, Scotts Valley, Soquel, and Aptos. A full list of our bus stops and locations is listed on our website. A yellow school bus with a Kennolyn Sign on it will be driving your campers to Kennolyn. Each bus will have a several staff members in a Kennolyn Shirt there to check your camper on the bus and ride with them to camp. At the end of the day the same counselor will check your camper out to you when they arrive at the bus stop.

Please pull into the parking lot at your bus stop and park your car. Then walk your camper to the Kennolyn Camps bus counselor. This is for your camper's safety. The Bus counselor knows where the bus is pulling up and will be waiting in a safe location with campers to the side of where the bus pulls up. The counselor will line the campers up and have them check in before boarding the bus.

When the bus arrives the counselor will double check the campers as they boarding the bus. The Counselors will then make sure all the campers have a seat and their seatbelt is fastened. Once everyone is on and seated the bus will leave. The bus will wait 5 minutes after the departure time for any late campers.

Once on board the staff will go over the bus rules with the campers.

Please take a minute to review the bus with your camper before the first day of camp:

- Sit in their seat with the seat belt fastened properly.
- Keep their hands and feet to themselves.
- Do not put anything out of the bus windows.
- Be kind to all campers and staff.
- Camper will use an inside voice level.
- Refrain from throwing objects in/out of the bus and on the bus.
- The youngest campers sit in the front of the bus with the counselors.
- The Camp Director will call home if there is a camper not following the rules on the bus.

If the bus is running late or we have any changes to the route we will notify you via email, text and/or our Kennolyn App (The app can be downloaded in your preferred app platform, – by searching for Kennolyn.) We will call you on the phone number you listed in your Kennolyn account if there are any emergencies that have affected the bus route.

Riding a bus is an awesome part of camp. We hope to make it as fun and safe as possible.

### **Our Counselors:**

We have a mature and professional staff that provides a 4:1 camper to counselor ratio, which is supplemented by a registered nurse or EMT on site to provide medical assistance when needed. Two counselors provide constant supervision for each camper group, with the assistance of a Counselor in Training. Many specialized activities demand additional Activity Counselors who work with each group as well. Campers are placed in groups based on their grade, age and gender. Groups contain one or two grade levels.

### **What to bring to Camp:**

Each day the campers should wear tennis shoes and comfortable play clothes. We recommend layering clothes with sweatshirts to start the day and t-shirts and hats to finish the day. Each camper will need to bring to camp a swimsuit, towel, water bottle, snacks, lunch (if they are not having camp lunch) and sunscreen. There is a camp lunch program available for an additional fee. A Camp T-shirt is included in the tuition. Camp is a fun outdoors adventure where kids get dirty and things can get lost. Please do not send things that are valuable or sentimental. Please do not send campers with personal sports equipment. Kennolyn provides all the activity equipment that campers needs.

### **Activity Equipment:**

Kennolyn provides most of the necessary equipment for the activities.

Campers electing to bring their own sports equipment must label everything with their names, and understand we cannot be held responsible for it.

## **Lunch and Snacks:**

Lunch is a fun time of each day. For an hour and a half campers get a chance to play in our quad area, eat their lunch and relax with friends. Sometimes a group activity is organized. All campers are encouraged to eat lunch and take as much time as they need to do so. If a camper get hungry during the day they just need to let their counselor know and the group can stop by their meeting place and grab a snack. Even if your campers are getting camp lunch it is a smart idea to send snacks for the day. Please let your camper know if you purchased the camp lunch option for them. While we will track them down eventually, it helps if they know to get lunch from us.

## **A daily overview of Camp:**

Once the buses arrive at Kennolyn, Campers meet their groups and get ready to begin the day. Each day starts with "Opening Circle": a fun, energizing start to the day with songs, skits, cheers, and flag rising at our campfire amphitheater in a beautiful redwood grove. Groups have six activity periods throughout the day with a fun lunch play and break time in the middle of the day. The day ends with Campfire, another whole camp gathering time when we come together to sign songs, make camper announcements, have the groups perform skits and the bus groups to do their bus cheers. The Campers then board the busses or meet their parents to return home to rest up for another busy day.

## **Our Weekly Schedule:**

Monday-Thursday are Activity Days.

Campers enjoy a full schedule of 5 different activity periods during the day. Each activity day is not the same. To provide campers the opportunity to try all of the activities available to them the schedule rotates with Monday/Wednesday Activities and Tuesday/Thursday Activities. All campers will get a chance to swim each day.

Most activities the groups complete on their own. There are activities when groups of the same grade and age groups will be paired up to participate in an activity.

If campers decide to try a Kennolyn Select Activity they will miss one of their regular activity periods to participate in the Select period. We cannot guarantee which activity the camper will not participate in, the schedule varies based on number of campers signed up for the select activity and ages of those campers.

## **Camp Activities**

Kennolyn offers a wide range of fun, well-organized activities designed to keep Campers engaged, interested and active through out the day. Campers do not participate in all activities each day. In order to participate in as many activities as possible some activities rotate through the campers' schedule.

Campers in the kindergarten, and first grade program participate in the following activities: Crafts, Ball Sports, Outdoor Adventures, Outdoor Cooking, Jr Archery, Animal Care, Swimming and Vaulting. Their day also has a built in morning and afternoon break time.

Campers in the second grade program participate in the following activities: Crafts, Ball Sports, Outdoor Adventures, Outdoor Cooking, Jr Archery, Animal Care, Low Ropes Swimming and Vaulting.

Campers in the 3<sup>rd</sup> grade and 4<sup>th</sup> grade program participate in the following activities: Crafts, Ball Sports, Outdoor Adventures, Outdoor Cooking, Archery, Riflery, Animal Care, Swimming, Low Ropes, Climbing, Fencing and Vaulting.

Campers in the 5<sup>th</sup> grade and 6<sup>th</sup> grade program participate in the following activities: Crafts, Ball Sports, Outdoor Adventures, Outdoor Cooking, Archery, Riflery Animal Care, Swimming, High Ropes, Climbing, Fencing and Vaulting.

Campers in the 7<sup>th</sup> grade program participate in the following activities: Crafts, Ball Sports, Outdoor Adventures, Outdoor Cooking, Archery, Riflery, Animal Care, Swimming, High Ropes, Climbing, Fencing and Vaulting.

Campers in the 8<sup>th</sup> grade program participate in the following activities: Crafts, Ball Sports, Outdoor Survival, Outdoor Cooking, Archery, Riflery, Animal Care, Swimming, Senior Ropes, Climbing, Fencing and Vaulting.

## Activity Descriptions

### **Vaulting**

Specially trained horses walk and/or trot in a circle while campers learn to mount and perform gymnastic routines. It is a great confidence booster and a safe, exciting way to overcome any fear of horses. Experienced vaulters also enjoy the challenge of putting together thrilling routines with support from our equestrian staff.

### **Ball Sports**

Campers enjoy shooting hoops in basketball, scoring a goal in soccer, making a slap shot in hockey, or playing Happy, Shiny Fun Ball! We also allow for campers to create their own games. Our main emphasis is on fun but campers of all levels and ages will benefit by also learning new skills from our instructors.

### **Animal Care**

Campers will learn how to handle and take care of a variety of small farm animals including some of the following: rabbits, goats, guinea pigs, pot belly pigs, chickens, ducks, sheep, and a donkey. We find our friendly animals from donations from camp families, summer adoptions, and from our year round animal residences.

### **Archery and Riflery**

Safety and knowledge are of the utmost importance in this program. Our program starts with rifle and bow safety and moves through various stages of marksmanship. Campers of all ages learn to fine-tune their motor skills and increase their powers of concentration in these activities. We have junior ranges with small bows and BB guns. We use larger bows and BB guns. (Riflery is limited to campers going into the 3<sup>rd</sup> grade and up.)

### **Low Ropes, Climbing, High Ropes and Senior Ropes**

Kennolyn's Day Camp offers a progression of "Challenge-By-Choice" activities where campers learn basic fundamentals in teamwork and trust building. Safety is always our primary concern!

- **Low Ropes and Team Building ~ 2<sup>nd</sup> graders.** The Low Ropes Course is a specially designed adventure activity that increases group interaction and problem solving. Using a combination of suspended cables, logs and ropes; campers will play games while being set new challenges by an

experienced course leader. It is important to note that our specially trained staff closely supervises all Ropes Course and Climbing activities. Equipment is inspected daily and replaced regularly.

- **Climbing ~ 3<sup>rd</sup> and 4<sup>th</sup> graders.** Climbing is designed to develop strength and agility. Basic climbing protocol and procedures are reviewed before learning to climb in a safe, controlled environment.
- **High Ropes ~ 5<sup>th</sup> – 7<sup>th</sup> graders.** Having mastered the fundamentals of trust building, campers enjoy five high ropes course elements where they challenge their personal limits. This activity helps campers in such issues as risk taking, dealing with fear and going beyond perceived limitations, while encouraging self-confidence and having fun! Campers balance their way through the Burma Bridge, Balance Log, and Multi-Vine. For a special team challenge campers go for the Vertical Play Pen. And for one of the greatest thrills at Kennolyn, there's the Giant Swing! Hold on to your hats!
- **Senior Ropes ~ 8<sup>th</sup> & 9<sup>th</sup> graders.** Hard to believe there is another level beyond the Giant Swing but there is. This two-hour activity will place campers in a position of leadership and responsibility. Campers start by learning belay safety in order to run the course themselves with the supervision and assistance of our staff. Teamwork is taken to new level on elements like the Islands in the Sky, Giant's Ladder, and Double Cross. Then there's the popular Leap of Faith, Charlie Chaplin, Rappel, and, of course, the Zip Line!

### **Crafts**

Campers enjoy time to sit down and be creative. A variety of projects are offered including leatherwork, tie-dyeing, painting, drawing, bracelet making and rain sticks and much more (projects vary).

### **Outdoor Adventure**

Kennolyn's redwood forest provides a wonderful classroom in which campers can learn about the world of nature. Outdoor Adventure is located at Day Camp's Famous Adventure Town. Campers, led by enthusiastic and knowledgeable instructors, hike through the forest learning to discover an understanding of the earth's beauty. Following animal footprints, collecting fossils, shelter building, fire building, and learning to love nature's creatures are all part of the wonderful world of Outdoor Adventure.

### **Swimming**

Swimming is a great part of Kennolyn's Day Camp. This is a time for kids to float in a pool, see who can make the biggest splash or play a fun water game. Kennolyn always has lifeguards on duty. Campers start each week with a safety swim. This allows the lifeguards to make a note of campers skill level and see where they can swim in the pool safely. **Girls must wear a one-piece bathing suit.**

### **Kennolyn Select Activities:**

For the campers that decide to try a Kennolyn Select activity they will leave their groups to participate in their activity and then return to their group and the regularly scheduled activities. These activities replace one of the regular program activities. We cannot take requests on which activity that will be replaced. Select activities have an additional fee.

**Trapeze:** Trapeze Arts provides professional instruction from circus professionals. Campers learn to fly through the air while wearing a hip harness, similar to those at the ropes course.

Lessons are available for campers going into the 2<sup>nd</sup> grade and above. Lessons replace one normally scheduled activity each day Trapeze is offered.

**Horseback Riding Lessons:** Horseback riding happens at our very own day camp riding arena. Riding lessons are available two days a week during all sessions of camp. The Day Camp horse-riding lessons are designed to help campers gain a firm foundation in riding, we do not offer advanced lessons. This activity is open to campers going into the 2<sup>nd</sup> grade and above. Campers must wear long pants. They will be provided with a riding helmet and boots with a hard heel for their lesson.

## **Friday Funday!**

Friday is a fun themed day for the campers. We build the theme all week long with skits, songs, sudden performances and activities. Each Friday our themed activity day allows campers to dress up and participate in activities related to the theme. Themes vary from Rock Star Day, Super Hero Day, Olympic Day and more.

On Friday Morning the morning the campers that are going into the second grade or higher get to pick their favorite activities they want to try more of. There are three free choice periods. The younger campers stay with their groups and participate in their favorite group activities.

In the afternoon the campers have fun activities that are theme based and different than what we usually do during the week. For an example: On Luau Day we build sandcastles at our Volleyball Court. On Rock Star day each group will prepare to have their own "rock show". We have been know to build rafts for the pool, put a favorite counselor in a dunk tank, or run down our 30 foot inflatable obstacle course.

At closing circle we have a fun goodbye for our campers before they get on the busses. On Friday Camp ends at 3:00.

## **Note on Group Requests**

Kennolyn will try to honor Day Camp group requests. Requests for up to 3 campers ENTERING THE SAME GRADE to be placed in the same group that are received 2 weeks prior to the first day of your session will receive priority. If we cannot honor a request, we will contact you to discuss alternatives and options. Late requests, including those made after the start of a session, will be considered, unless: a) it requires us to move another camper from a group simply to accommodate your request, AND/OR b) would cause us to have a counselor/camper ratio that is outside of American Camp Association guidelines.

No camper group changes are possible after the end of the second day of a session. If you request that campers who are not in the same grade be together, the older child will be placed in the younger group. Activities are scheduled by group so it is never possible for a camper to participate in activities with an older group once they are moved to a younger group. Kennolyn adheres to strict ACA guidelines concerning staffing ratios. Camp is a great place to meet new friends!

## **Lost and Found**

Contact camp to let us know about any lost items and we will do our best to find them. We are happy to make arrangements and send clothing home on the buses although we cannot mail items

home. Any items left at camp will be given away at the end of the summer. You can take a look at our website to see pictures of items that we have found at camp. Westwind, the company that provides our T-Shirts, offers iron on nametags; which are especially useful.

### **Picture Day:**

Tuesday is Picture Day. We take group pictures the first Tuesday of each session – helping us all remember how much FUN camp is! Campers receive their Kennolyn T-shirt at this time. The Pictures are available for \$11 and are sent home with the camper the last day of the session.

### **Ouches at Camp:**

Day Camp has a nurse or EMT every day of the week and there are two nurses on site at the Resident Camp. Health Center offers a bright and cheerful retreat, where our nurses can take care of the most common camp ailments, including minor scrapes and bruises, fatigue, etc. Sometimes, the only necessary medicine is a place to sit quietly for a few minutes or a chat with a caring nurse. In such cases, we will not automatically contact you, unless we feel there is a specific need to do so.

Many parents ask when is my child too sick to attend camp?

A child who is sick will not be able to function well/safely at camp and is likely to spread the illness to other children and staff. Your child should not be sent to camp hoping that they will feel better after arriving. The following are CDC guidelines for keeping children at home

- Your child should be kept home following a nighttime bout of nausea, vomiting, or diarrhea and watched for further symptoms for at least 24 hours after the last bout.
- Your child should remain home if he/she has had a temperature of 100 degrees or higher. A child should have a normal temperature for 24 hours without fever reducing medicines before returning to camp.
- Whooping Cough: exclude from camp until 5 days from start of appropriate antimicrobial treatment.
- Pink Eye: 24 hours after initiation of antibiotic treatment.
- Strep Throat: 24 hours after initiation of antibiotic treatment and no fever for 24 hours without fever reducing medicines.
- Lice: Until treated with a pediculicidal agent. Seven days after treatment a health care provider or camp nurse shall re-examine for infestation.
- Chicken Pox: Six days from the outbreak of the last crop of blisters with all pox marks dried.
- Unexplained rashes (in particular if your child has other symptoms like cough, runny nose, sore throat, and/or fever) Impetigo, scabies or ringworm: Until judged non-infectious by the physician or 24 hours after initiation of treatment.

If your child becomes ill at camp or on the way to camp, you will be called to come and take him/her home from camp. We do not have the space to keep an ill child for an entire day, nor is it safe to other campers to transport sick children on the bus. Please call the Office and request to talk with the nurse on duty if you have any questions or concerns Thank you for understanding and helping us keep all campers healthy.

## **Camper Communications Outside of Camp**

### **Camper-to-Staff Communication**

One of the beauties of enhanced communication technologies is the ease with which people can stay in touch. However, there are concerns that must be included in any policy regarding contact between campers and staff outside of camp. We do not endorse or encourage staff to build personal relationships with campers (which includes CILTs, CITs, and JCs) outside of camp. Any effort to build such a relationship should be instigated by the camper and not the staff member and be done with the approval and supervision of the camper's parents.

We vouch for our staff when they are in the controlled environment that we create at camp. We cannot control their behavior outside of their period of employment with us. Please make sure that you are aware of any contact or correspondence between your child and any member of our camp staff. If you want to discuss any concerns with us at any time, please contact Allison Lloyd or Andrew Townsend.

### **Camper-to-Camper Communication**

Collecting phone numbers/social media usernames/addresses and promising to stay in touch is one of the time-honored rituals of summer camp. However, with so much instant communication we have to be more careful about how our children use the contact information they collect. We encourage parents to be aware at all times of a child's computer use. We want our campers to be safe on the Internet. Here is the best advice we have found about how to educate your child to respond to inappropriate communications.

If you receive a threatening e-mail, IM or message—one that is mocking, uses vulgar or harassing language—here is what we tell campers they should do:

- Tell your parents of a trusted adult!
- Do not respond to the message or retaliate.
- If possible, save the message to your hard drive or an external drive.
- Print out a copy of the message, then close it but do not delete it.
- Tell your parents about it and have them decide what to do next. They may notify the local authorities.
- Parents-If you suspect that the sender of the messages is someone connected to Kennolyn, please contact us immediately.

### **Special Considerations:**

Educating children (and we believe that camp is a vital part of a child's education!) takes the cooperation of us all. In our promotional materials and through this booklet, we explain our philosophies and policies, which have been developed over many years. If you have concerns, questions or comments about your camper's upcoming experience at Kennolyn, please feel free

to contact us. You may also send a separate letter to our Day Camp Director, Allison Lloyd, if you choose. The more we know, the better equipped we are to ensure a successful camp experience.

## Camper Behavior Guidelines

This is summer camp. We want it to be a relaxed and pleasant place for kids to explore and learn. For that reason, we try not to have a ton of rules posted everywhere and we take a “we can work this out” approach when we address behavior that is not acceptable. Campers in each cabin group actually work with the counselor to make a cabin agreement that helps define standards of behavior that are in everyone’s best interest.

Having said that, we have to have some basic guidelines for behavior that we all agree to. The kids know this as being K-rated. Here are the behavior expectations for all campers.

- Nobody has the right to spoil another person’s fun at camp.
- We do not use bad language
- We treat everyone with kindness first
- We follow the directions of counselors and staff
- Disputes do arise, but they should be reported to a counselor. Do not get into fights and arguments. Instead ask your counselor for help in solving problems.
- Share your opinions when a cabin agreement is made so that things that are important to you are included
- Basic politeness like please and thank you still mean a lot and are encouraged
- If you mention self-harm, we will believe you and help you even if you later tell us didn’t really mean it. Do not joke about this stuff, ever.
- If you are violent in words, actions, or attitude toward another person there will be consequences up to the possibility of dismissal from camp.
- Don’t sneak stuff. If you have a phone, hand it in.

## ADMINISTRATIVE POLICIES

### Deposit & Refund Policy

Kennolyn has limited enrollment and can only accept a certain number of campers in each age group. Every application must be accompanied by the appropriate deposit: Santa Cruz Mountains Overnight Camp (including Leadership Program) deposit is \$500 per camper, per session. **Please send full payment with all applications submitted after May 1st.**

### CHANGING SESSIONS AND CANCELLATION POLICY

- You can change sessions as often as you like with no fee, as long as space is available
- Before February 1, you can cancel for any reason and receive a 100% refund
- If you cancel anytime between February 1 and May 1 (Santa Cruz Mountains Overnight Camp) & May 31 (Day Camp), anything you have paid will be held in your account until the final day of camp the following year. You can have peace of mind knowing that 100%

of your money will be available to use at Kennolyn in the future. There are no fees or charges.

- For cancellations received after May 1 (Santa Cruz Mountains Overnight Camp) & May 31 (Day Camp), there are no refunds or credits. All tuition paid is forfeit.
- If you need more financial flexibility or cancellation options, we strongly encourage you to purchase Program Protection Insurance through Travmark offered within our application.
- **IMPORTANT NOTE:** Specialty Camp fees are pass through fees that we pay to the activity providers before camp starts, and therefore we are unable to credit these fees towards the following summer.

In every program offered by Kennolyn, refunds will not be provided if:

- Your camper is dismissed from camp. We reserve the right to ensure the safety and wellbeing of all campers and to dismiss a camper, without refund, for misconduct or unsociable behavior, as determined by the Directors.
- You choose to withdraw a camper for any reason before he / she has completed the entire session in which he / she was enrolled.
- You do not submit a complete state required health form by the required due date.

#### **TUITION REFUND INSURANCE**

Kennolyn offers tuition refund insurance through Travmark offered within our application.

### **Helpful Hint**

Although the program cannot be compared to a simple day care program, camp tuition can be claimed as a day care tax deduction.

If you have any questions regarding Day Camp please feel free to contact Allison Lloyd, Day Camp Director. 831) 479-6714 ext. 449 or [Allison@kennolyn.com](mailto:Allison@kennolyn.com)

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