



Kennolyn Camps

OVERNIGHT CAMP CHECKLIST

ONLINE FORMS

Forms are required **3 weeks** before session, but earlier the better.

- ☐ Physician Exam form - download the pdf to be filled out by physician's office

*If your camper has had a physical within 12 months of their session, the physician office can fill out the form without seeing the camper. **Don't wait on this!***

- ☐ Immunization Form

Must be an official record that includes the camper's name.

- ☐ Health History

(If returning, **update** any changes from last year including allergies, mental health changes, etc.)

Note about medications:

- ALL medications (Rx + OTC) need to be entered into your camper's health history form
- Provide in pill form (liquids only if absolutely necessary)
- Bring essential medication only
- Must be in the original bottle (with the doctor's instructions) & can't be in a pill box or zip lock bag.
- Pack medications separately so you can hand them to the medical team at check-in

- ☐ Travel Form (airline only) if your camper wants a San Jose airport shuttle

- ☐ Activity Selection (opens April 1st)

We will email you a reminder about the form. Campers will choose their top activity preferences.
Sessions 1-3 are due May 1st. Sessions 4-6 are due June 1st. It is not first come-first served.

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- ☐ See [Visit Us](#) for

• Upcoming tours of camp • Book a call with Lindsey who is happy to answer questions

- ☐ Visit '[Enrolled Families/Overnight Camp](#)' to read about Opening/Closing Days, Email/Mail, packing lists and more.

And find the link to our [Our Online Store](#) for required Kennolyn T-shirts and other camping gear.

Youth sizes run small, order one size larger. Store opens April 1st.

- ☐ Download the Kennolyn App for photos during camp! *New this year: photo face recognition*